



InnoRenew CoE

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How to perform research in the field of Life Cycle Assessment (LCA) with examples from the built environment



Erwin M. Schau, InnoRenew Centre of Excellence (CoE)

Invited lecture, 28 October 2020

University of Primorska, PhD study program Renewable
Materials for Healthy Built Environments



Housekeeping rules

- Mute yourself when you are not speaking
- Remember to unmute yourself when you want to say something (e.g. have a question, or answer a question.)
- When answering a question, take into account that, in LCA, the reasoning for the answer and the interpretation of the answer are more important than the answer itself.



Roundtable introduction

- Who are you (name) ?
- Where are you coming from?
- What is your motivation for starting on a PhD project?



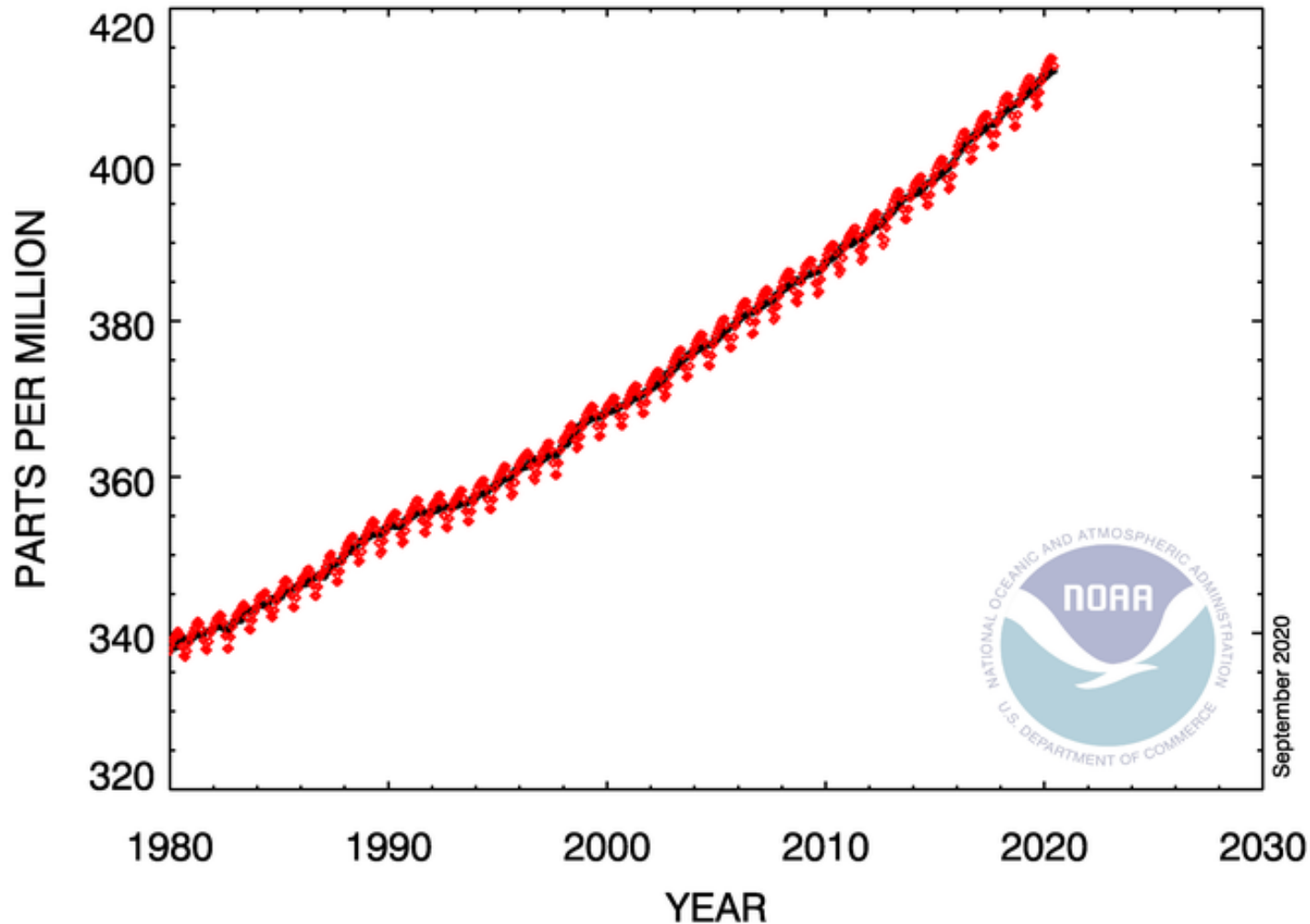
Outline

- Introduction
- Background
 - What is life cycle thinking and Life Cycle Assessment (LCA)?
 - Challenges to be solved by LCA and life cycle thinking
 - ISO 14040 and ISO 14044 on Environmental management, Life cycle assessment
 - 1) Goal and scope (objective), 2) Inventory analysis (data and materials), 3) Impact assessment (method and result), 4) Interpretation (discussion and conclusion)
- Examples
 - Example 1: A wooden house
 - Example 2: InnoRenew CoE research building in Izola
 - Example 3: Environmental comparison of wood, concrete and steel building materials
- Summary and outlook (with challenges to be solved?)
 - Other standards, methods and rules for LCA
 - Product Category Rules, EU Environmental Footprint (EF) (ILCD & PEFCR/OEFSR) and Database rules
 - Life cycle thinking for other dimensions of sustainability
 - Life Cycle Costing and Social LCA
 - Current research in LCA (with a focus on wood and other bio-based materials)



Climate change

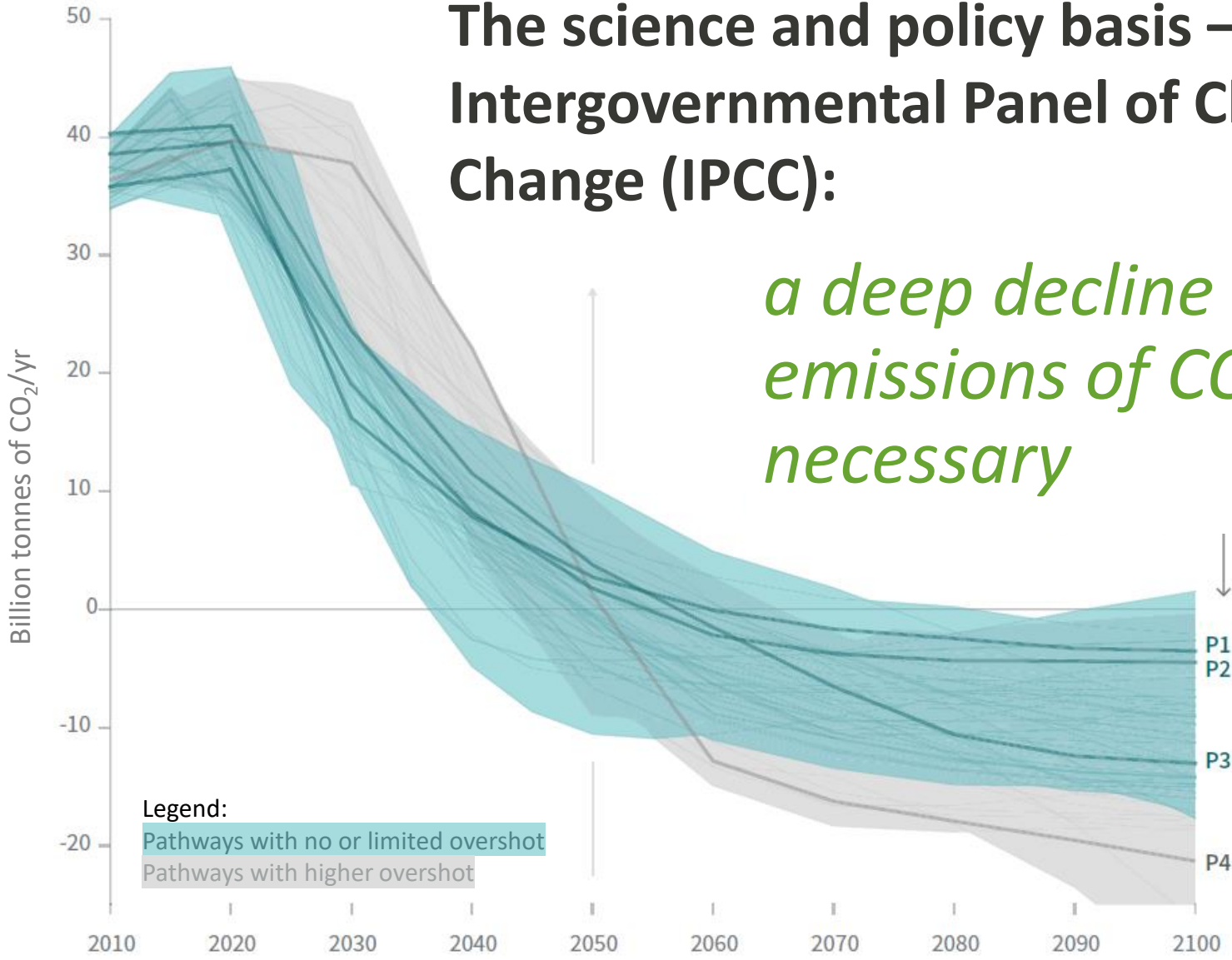
GLOBAL MONTHLY MEAN CO₂





The science and policy basis – Intergovernmental Panel of Climate Change (IPCC):

a deep decline in emissions of CO₂ is necessary



Our demand for energy and other resources is growing as well

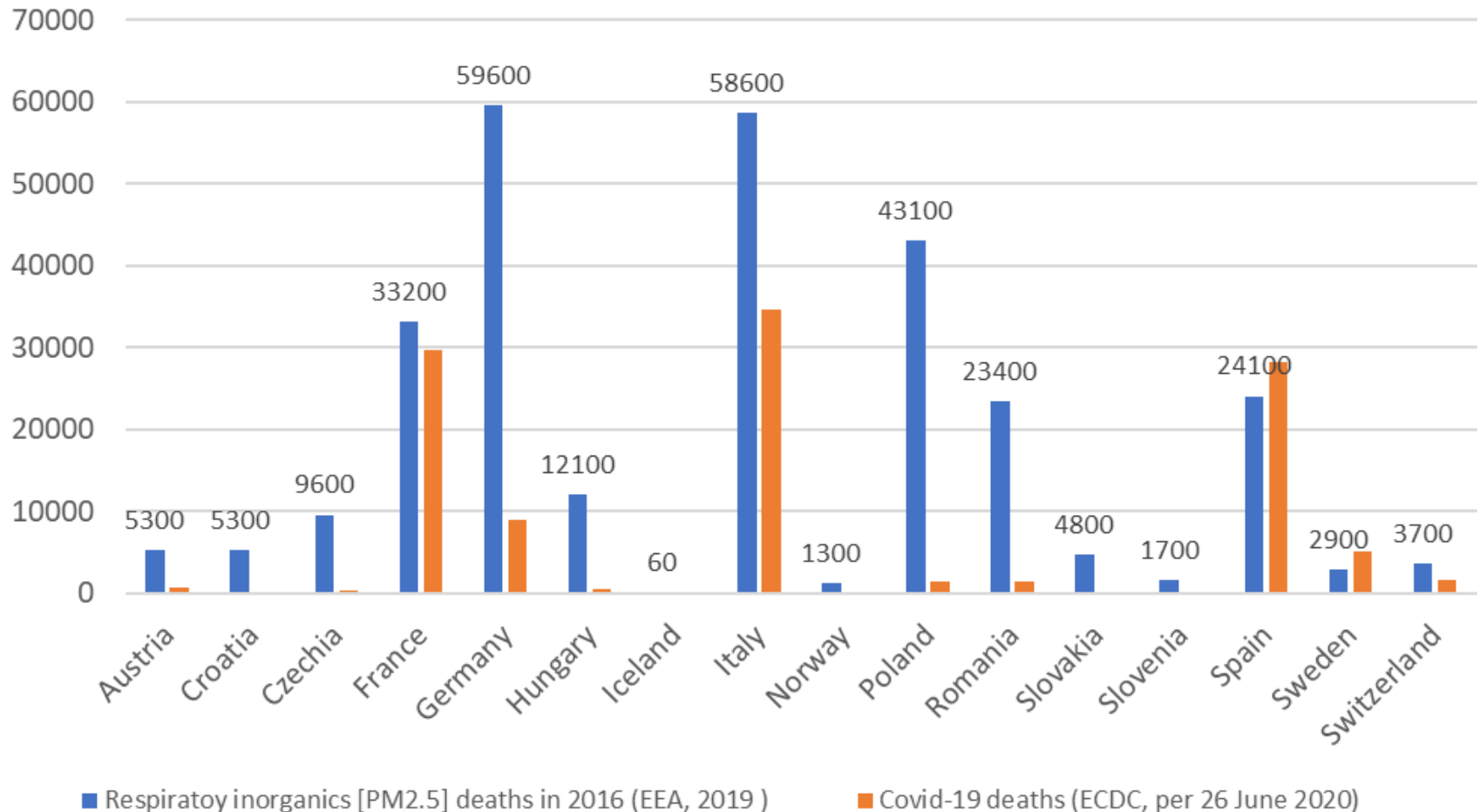
- “The health of ecosystems on which we and all other species depend is deteriorating more rapidly than ever. We are eroding the very foundations of our economies, livelihoods, food security, health and quality of life worldwide.” IPBES Chair, Sir Robert Watson, 6 May 2019 in the „Global Assessment Report“ from IPBES.



Ambient (outdoor) air pollution

- poses a major threat to health and climate
- accounts for an estimated 4.2 million premature deaths per year due to stroke, heart disease, lung cancer and chronic respiratory diseases (WHO, 2020)

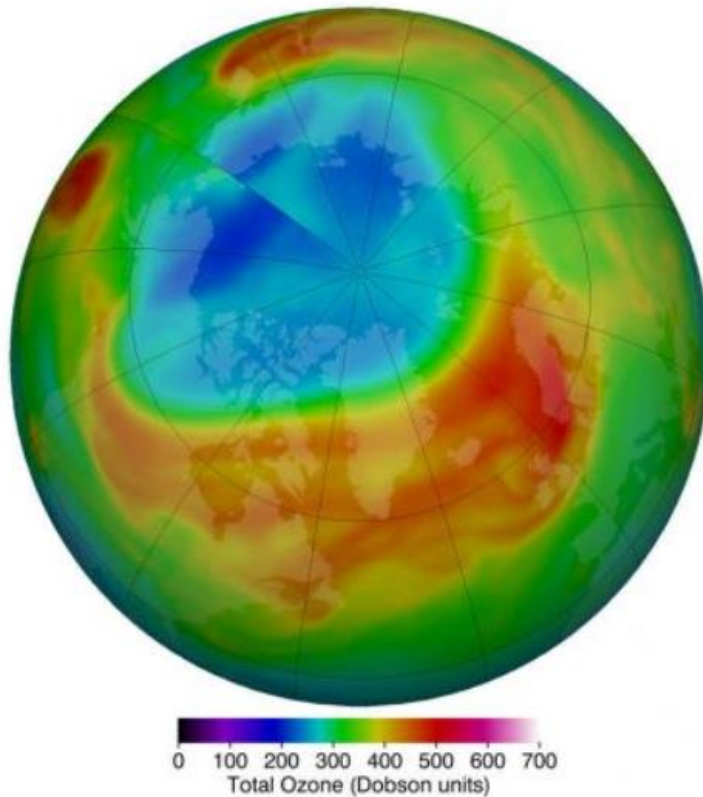
Deaths by air pollution (PM2.5) and COVID-19 (first wave) in some European countries



Arctic ozone depletion reached record level

Tags: [Ozone](#) [Environment](#)

1 Published 1 May 2020



Depletion of the ozone layer, the shield that protects life on Earth from harmful levels of ultraviolet radiation, reached an unprecedented level over large parts of the Arctic this spring. This phenomenon was caused by the continuing presence of ozone-depleting substances in the atmosphere and a very cold winter in the stratosphere (the layer of the atmosphere between around 10 km and round 50 km altitude).

Latest WMO News

Source: WMO, 2020



Ehrlich equation

- $I = P \times A \times T$
- I = Impact
- P = Population
- A = Affluence (Consumption)
- T = Technology



Film about LCA of cheese

- <https://youtu.be/XmFmXyChufs>
(3:24 min)





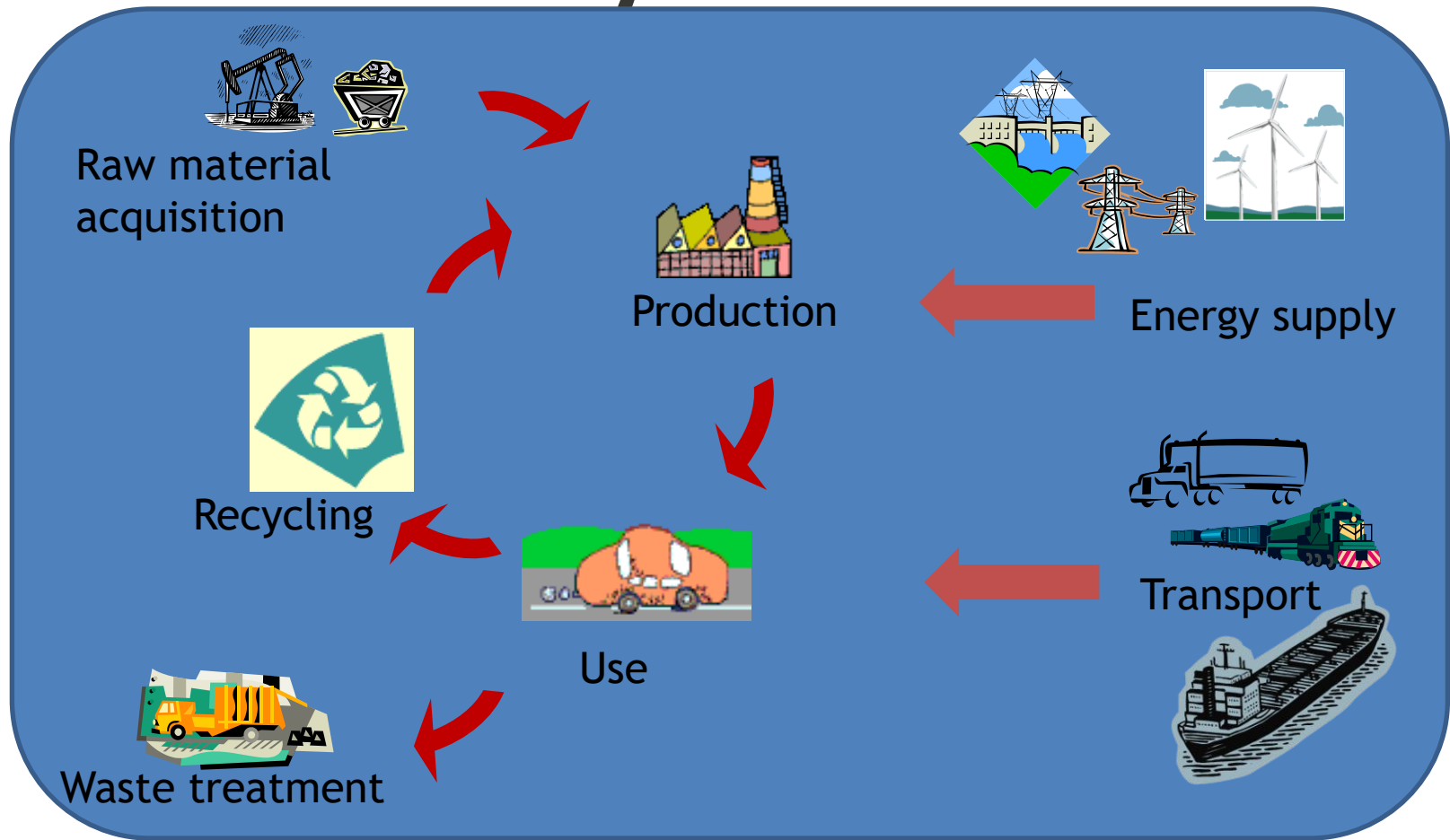
Exercise: Why apply LCA?



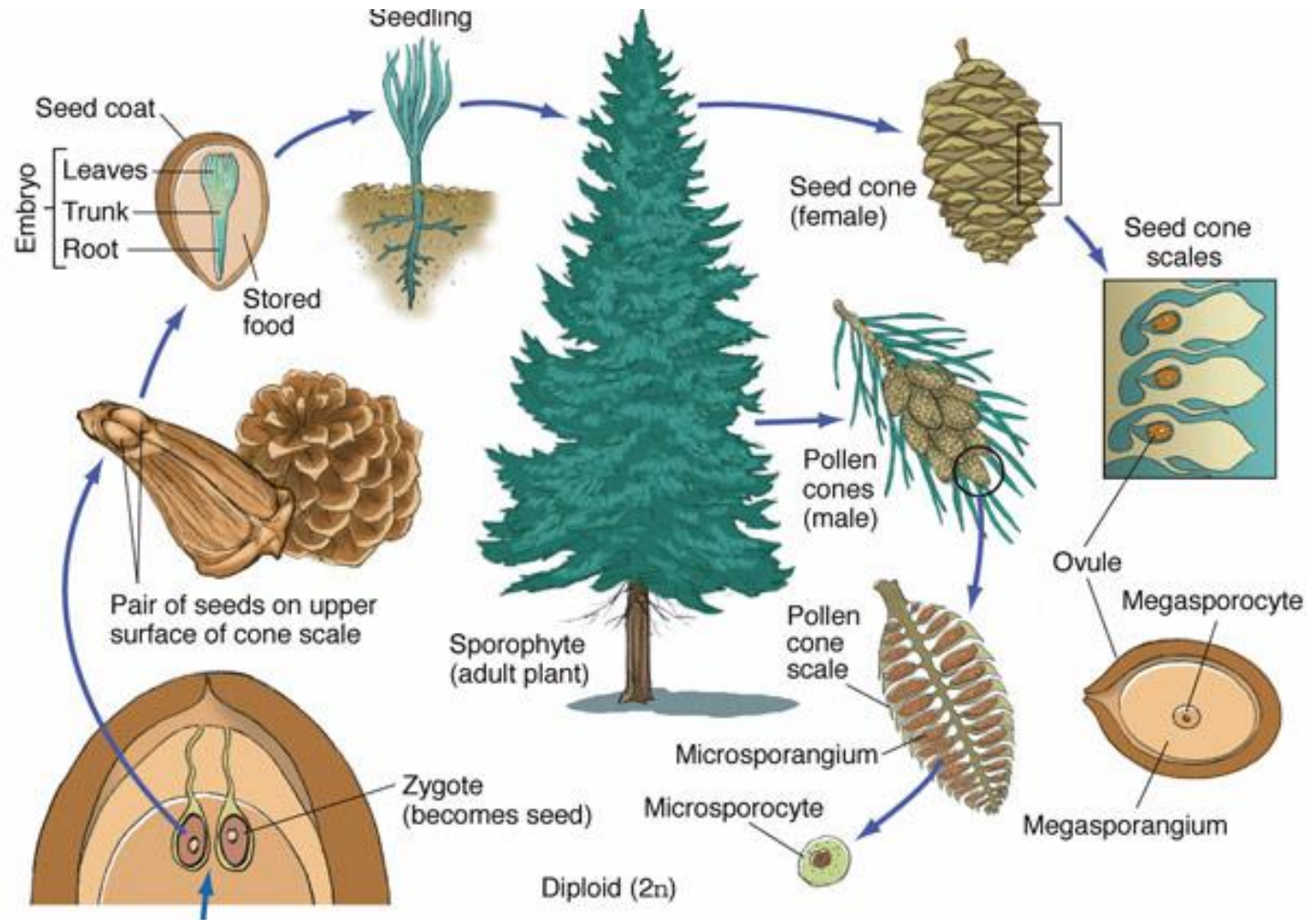
Exercise: Why apply LCA?

- Compare different alternative products or designs (eco-design)
- Material sourcing
- Ecolabeling
- Product stewardship
- Cleaner production
- Prioritize different investments
- Hot-spot analysis
- Stay ahead of the competitor and authorities/regulators
- Improve reputation among customers
- Better chances of winning public procurement contracts
- Access to green finance
- As a business opportunity to reduce cost, find new opportunities and develop better products
- Get higher prices for products
- Get to know the value chain better
- Save energy
- Lower environmental pollution

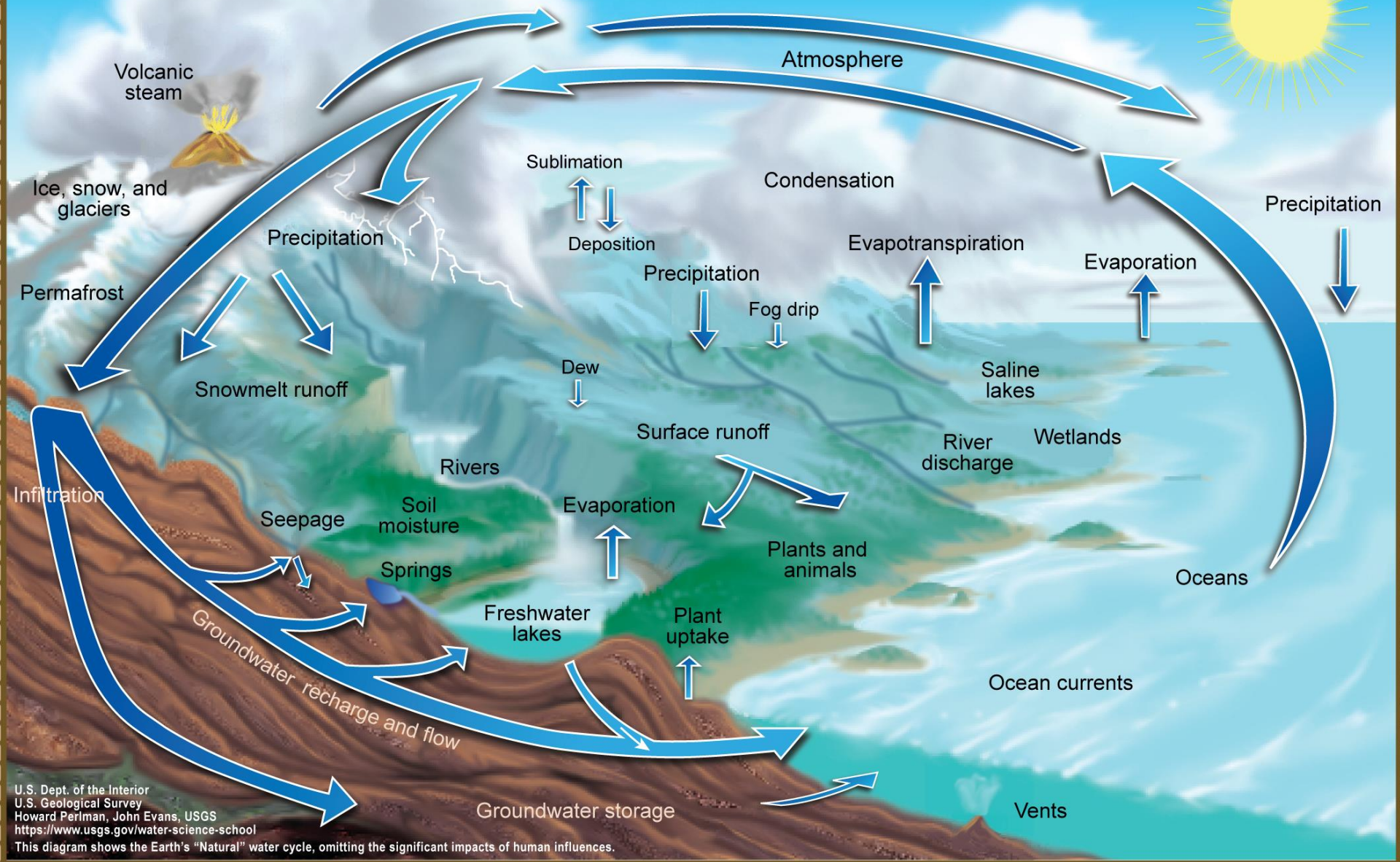
What is a life cycle and LCA?



Normally in biology terms



The Water Cycle

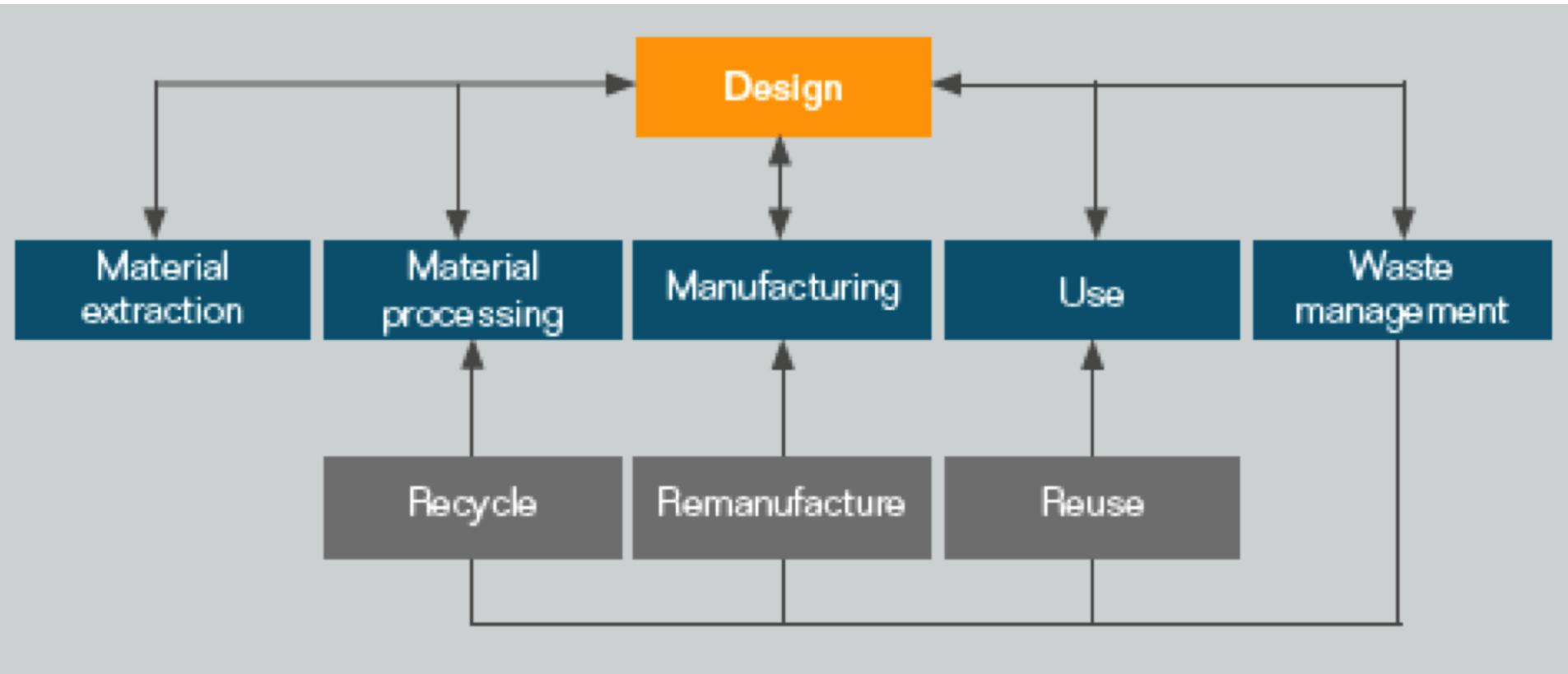


U.S. Dept. of the Interior
U.S. Geological Survey
Howard Perلمان, John Evans, USGS
<https://www.usgs.gov/water-science-school>
This diagram shows the Earth's "Natural" water cycle, omitting the significant impacts of human influences.



Definitions

- A life cycle of a product (a.k.a. “cradle to grave”) begins with raw materials production and extends to manufacture, use, transport and waste management



Life Cycle of Real Tree



Year 1

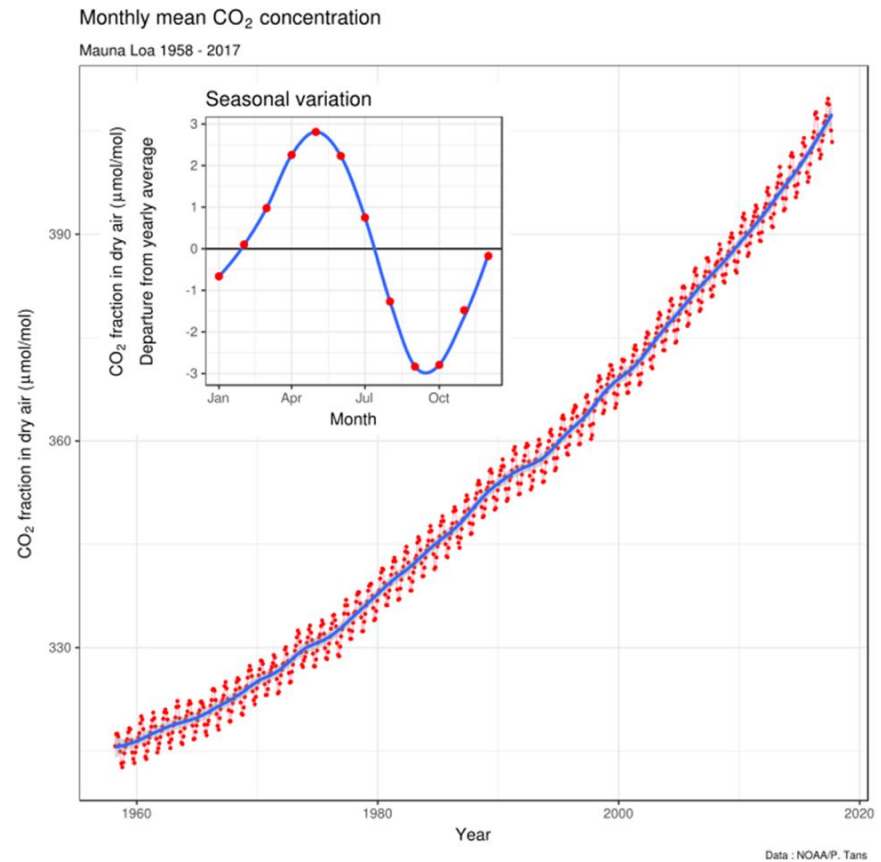
Year 6

Year 15

Year 16 + Year 1

Why LCA?

- What is the impact of “business as usual”?
- Intuition not a sufficient framework for analysis!
- LCA = systematic method for comparing systemic impacts of products, organisations and policies



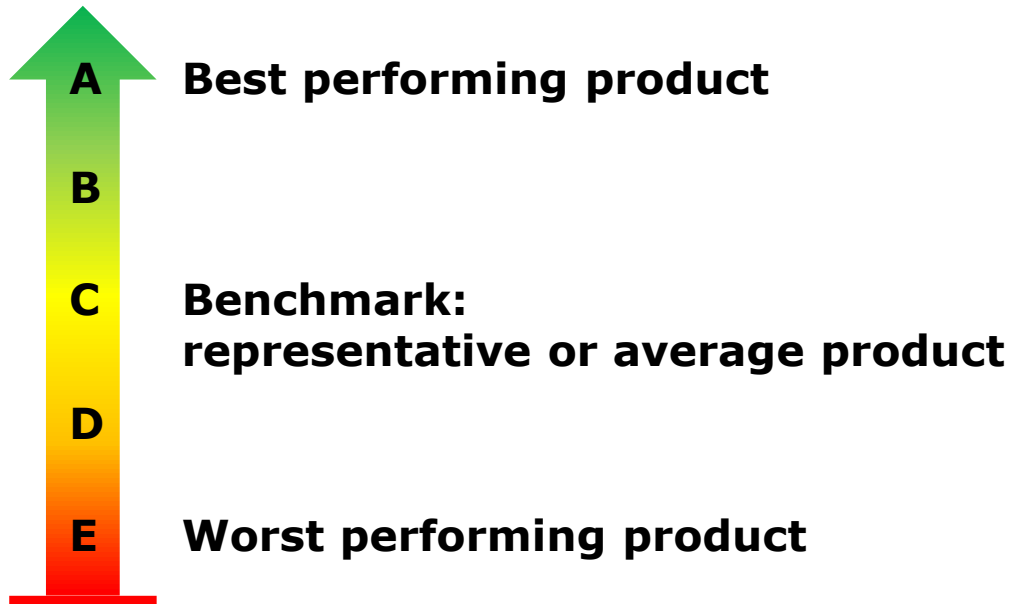


What can LCA deliver?

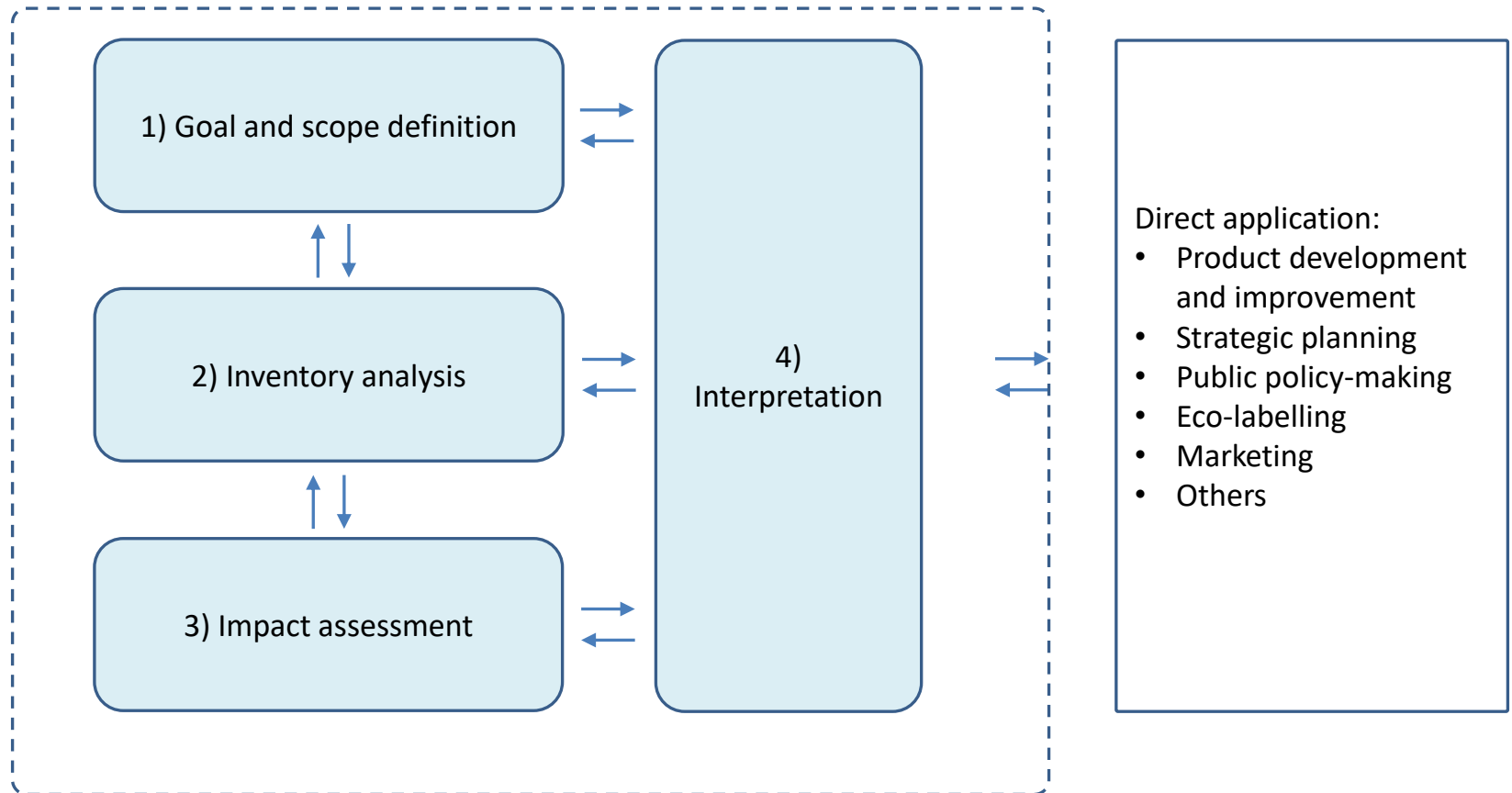
- The potential impact of several different environmental or health impacts, like
 - climate change / carbon footprint
 - water use / water footprint
 - emissions to the environment (air, soil and water)
 - Eutrophication, acidification, particulate matter/ respiratory inorganics, etc.
- Results are typically used for
 - hot-spot analysis
 - compare different alternative products or design



Benchmarking



LCA framework according to ISO 14040 and 14044 – Inventory analysis





What is needed?

- Goal and scope of the analysis
 - Function and lifetime of the product(s)
 - Topics to look at (environmental impact categories like climate change and acidification, etc.)
- Life cycle inventory – all input and output (materials and energy) for the product system under study
 - Starting point: Bill(s) of materials (BoM)
 - Production locations (for calculating transport distances)
 - Transport modes (ocean, inland water, rail or road)
 - Energy - use and sources
 - Background life cycle data (often comes together with the LCA software used for the modelling)



Goal and scope

- Goal definition – identifying purpose and target audience:
 - Why is this study performed?
 - Which question(s) is it intended to answer? and
 - For whom is it performed?
- Decision context and application
 - Weak point analysis of a specific product vs Green Public or Private Procurement
 - Monitoring environmental impacts of a nation vs Ecodesign of a product

EC,JRC,IES 2010, ILCD handbook, General guide for LCA – Detailed guidance
Hauschild 2018 in Hauschild et al. Springer



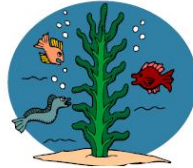
Scope

- Defining the **functional unit (FU)**: a quantitative description of the function or service for which the assessment is performed, and the basis of determining the **reference flow** of product that scales the data collection
- Scoping the product system, deciding which activities and processes belong to the life cycle of the product that is studied
- Selecting
 - The assessment parameters, i.e. the impacts to be assessed in the study
 - The geographical and temporal boundaries and the level of technology that is relevant for the processes in the product system
- Identifying the need to perform critical review, in particular if the study is a comparative assertion intended to be disclosed to the public

Typical impacts to be assessed



CLIMATE CHANGE



EUTROPHICATION



HUMAN TOXICITY



ACIDIFICATION



OZONE DEPLETION



ECOTOXICITY



IONISING RADIATION



PHOTOCHEMICAL OZONE FORMATION



LAND USE



WATER DEPLETION



RESOURCE DEPLETION

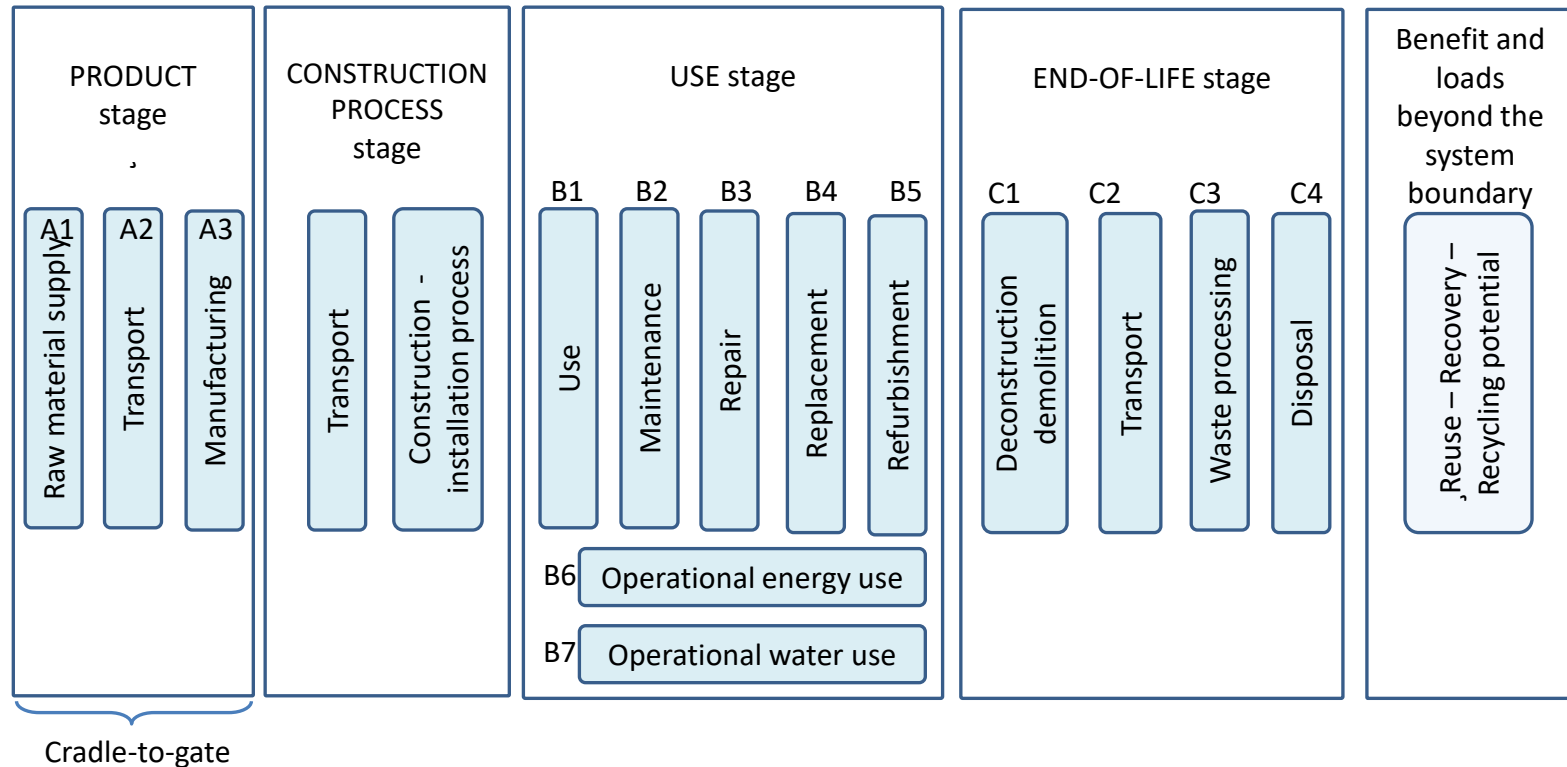
European Commission 2017, Better Regulation Toolbox, Tool #64. Life Cycle Analysis.



Impacts often missing

- Noise – some LCA impact assessment methods (e.g. swiss ecoscarcity) take very roughly outdoor noise from road and rail traffic into account
- Impacts on biodiversity
 - some impact categories indirectly take that into account, which one?

System boundary according to EN 15804





Inventory analysis

- Collecting physical flows for the product system
 - Input
 - Resources (incl. water)
 - Materials
 - Semi-products and products
 - Output
 - Emissions
 - Waste and wastewater
 - Valuable products
- In all processes identified
- Flows scaled according to reference flow
 - Determined from the functional unit
- Results of inventory analysis: life cycle inventory (LCI)
 - List of quantified physical elementary flows



Inventory analysis in practice

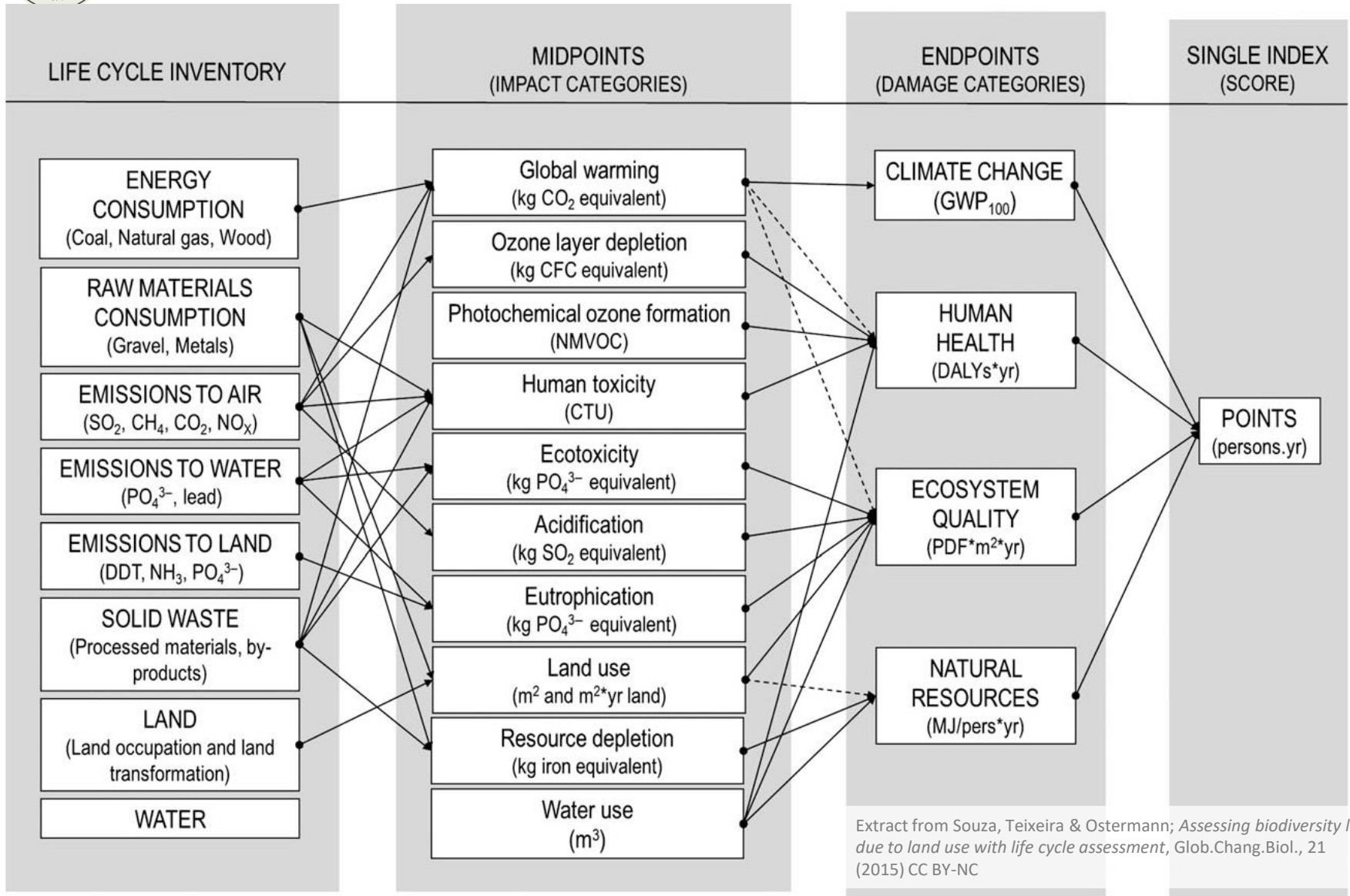
- Starting point: Bill of Materials (BoM)
- Use of databases
- Most common LCI databases:
 - EcolInvent
 - GaBi
 - US
 - ELCD



Classification

- ISO 14040 def:
- *Assignment of life cycle inventory results to the selected impact categories*

(from goal and scope)





Characterisation

- ISO 14044:
- *Calculation of category indicator results*

With the help of characterisation factors



Normalisation and weighting

- Normalisation
 - Calculation of the relative magnitude relative to a reference (e.g. the whole world or a person)
- Weighting
 - Based on value choice; convert and eventually aggregate the normalised results into unitless results to be able to compare across different impact categories



Interpretation according to ISO 14044

- Identification of significant issues
- Evaluation of completeness, sensitivity and consistency
- Conclusion, limitations and recommendation



Example 1: A house

Case study based on an LCA of a single family house



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Life cycle assessment benchmark
for wooden buildings in Europe
Single family house - nearly zero-energy building (nZEB)



Erwin M. Schau, Eva Prelovšek Niemelä, Aarne Johannes Niemelä, Tatiana Abaurre Alencar Gavric and Iztok Šušteršič

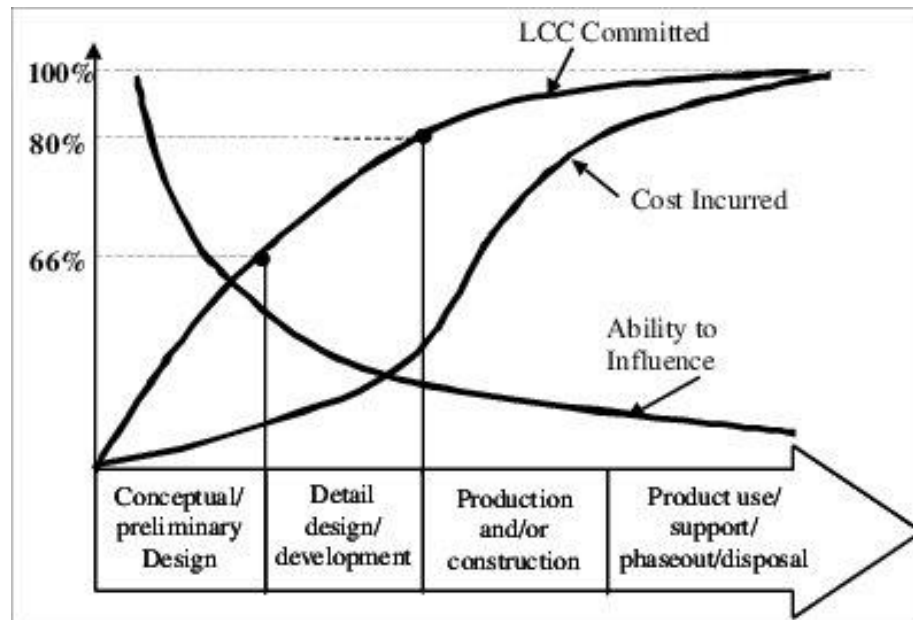
InnoRenew Centre of Excellence (CoE), Slovenia

LCM
2019

1-4 SEPTEMBER 2019
POZNAN, POLAND

Goal: Benchmark for wooden building

- For use in the early planning phase of new buildings
 - when changes and environmental optimization still can be done for a reasonable cost



Based on Fabrycky, 1991



Scope:

- Typical wooden single family house
 - In Europe (EU28 + Norway)
 - Construction in 2020
 - Size of 100 m²
 - Average of 2.36 inhabitants
 - 100 years of use before deconstruction



Goal and scope (cont.) and functional unit

- Environmental Footprint* of a typical wooden residential building that could be used as a reference for other house designs
- Functional unit is one dwelling with a 100-year lifetime
 - Results are given as per m² per year

* An Environmental Footprint is here an LCA that builds on the EU recommended method for doing LCA in a European context and is aligned with EN 15804 (the European standard for building products LCAs)

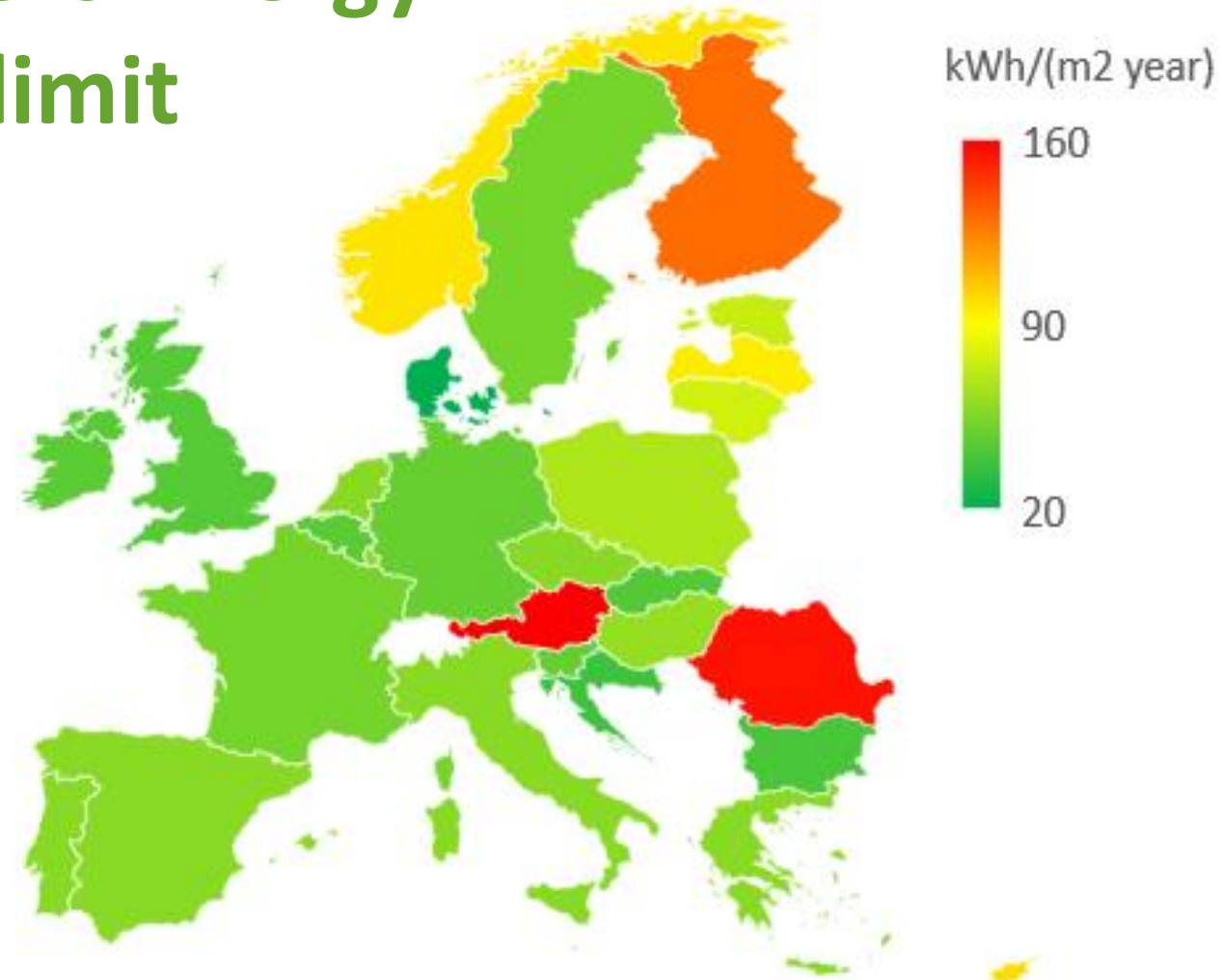


Example 1: A house – Method and data



Nearly-Zero Energy Building limit

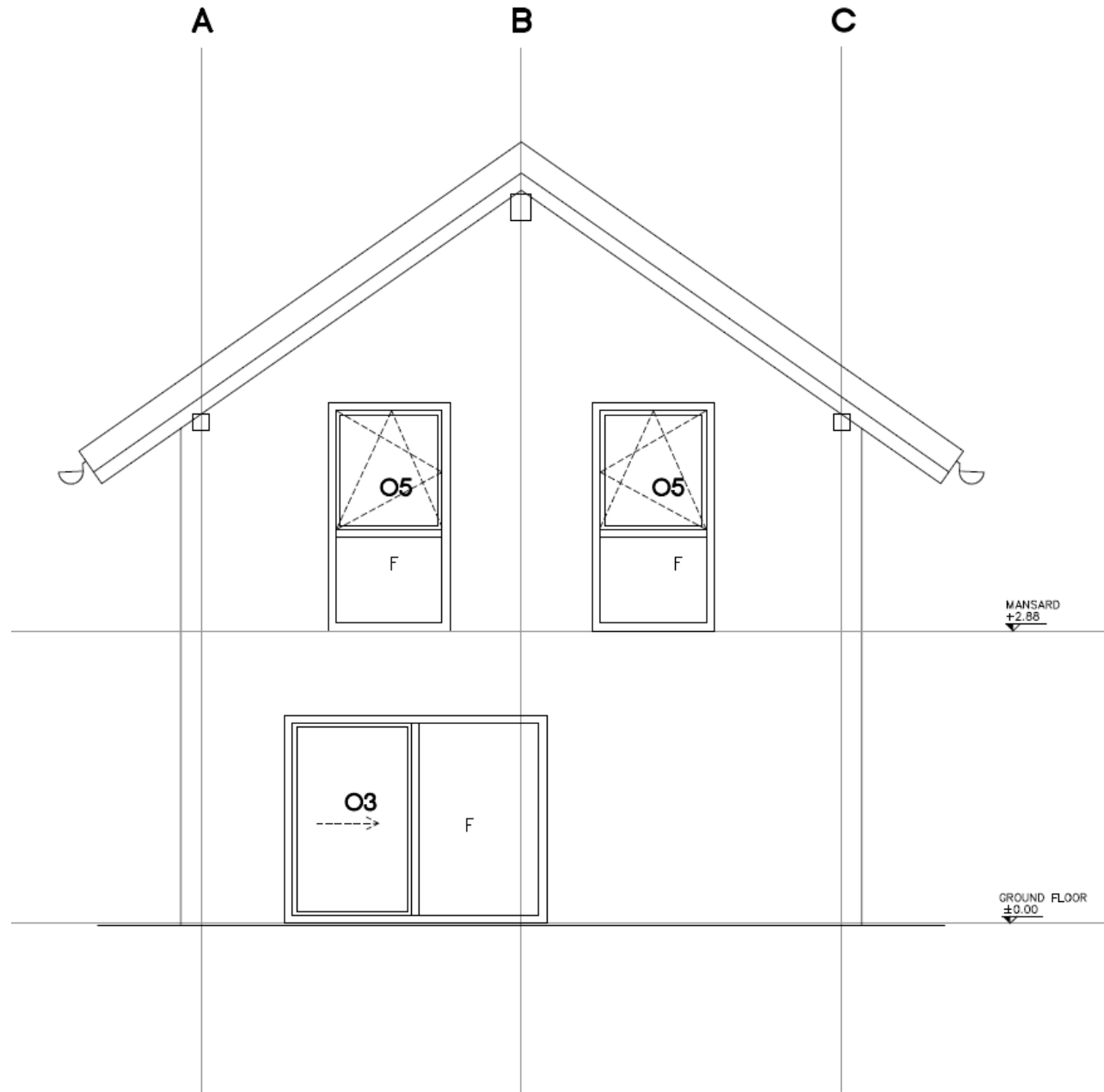
Required or recommended by 2021



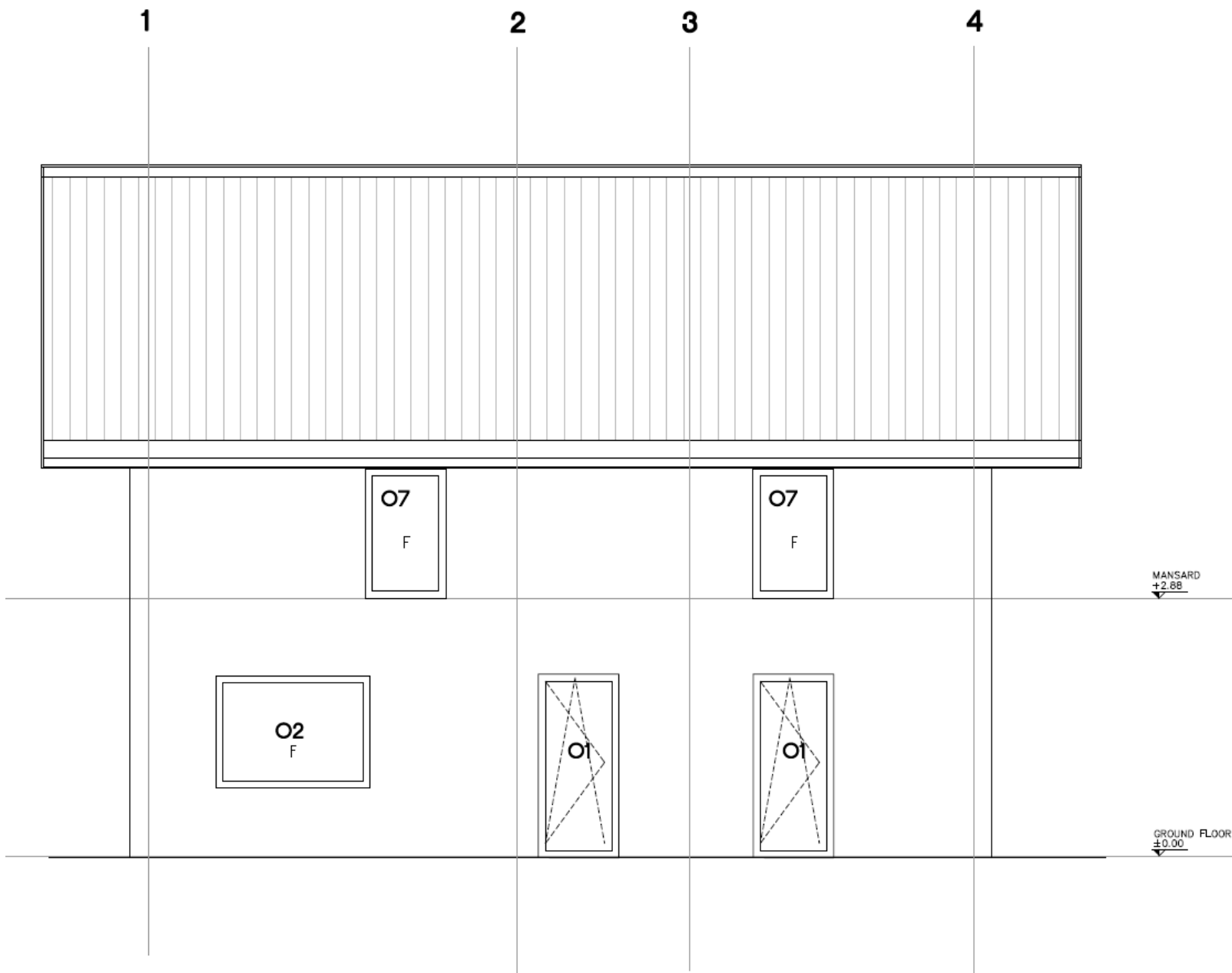
Source: Own calculations based on BPIE (2015), D'Agostino et al (2016), European Commission (2016), Kurnitski & Ahmed (2018) NRW ÖkoZentrum (2019) and estimates. Map: Bing © GeoNames, HERE, MSFT

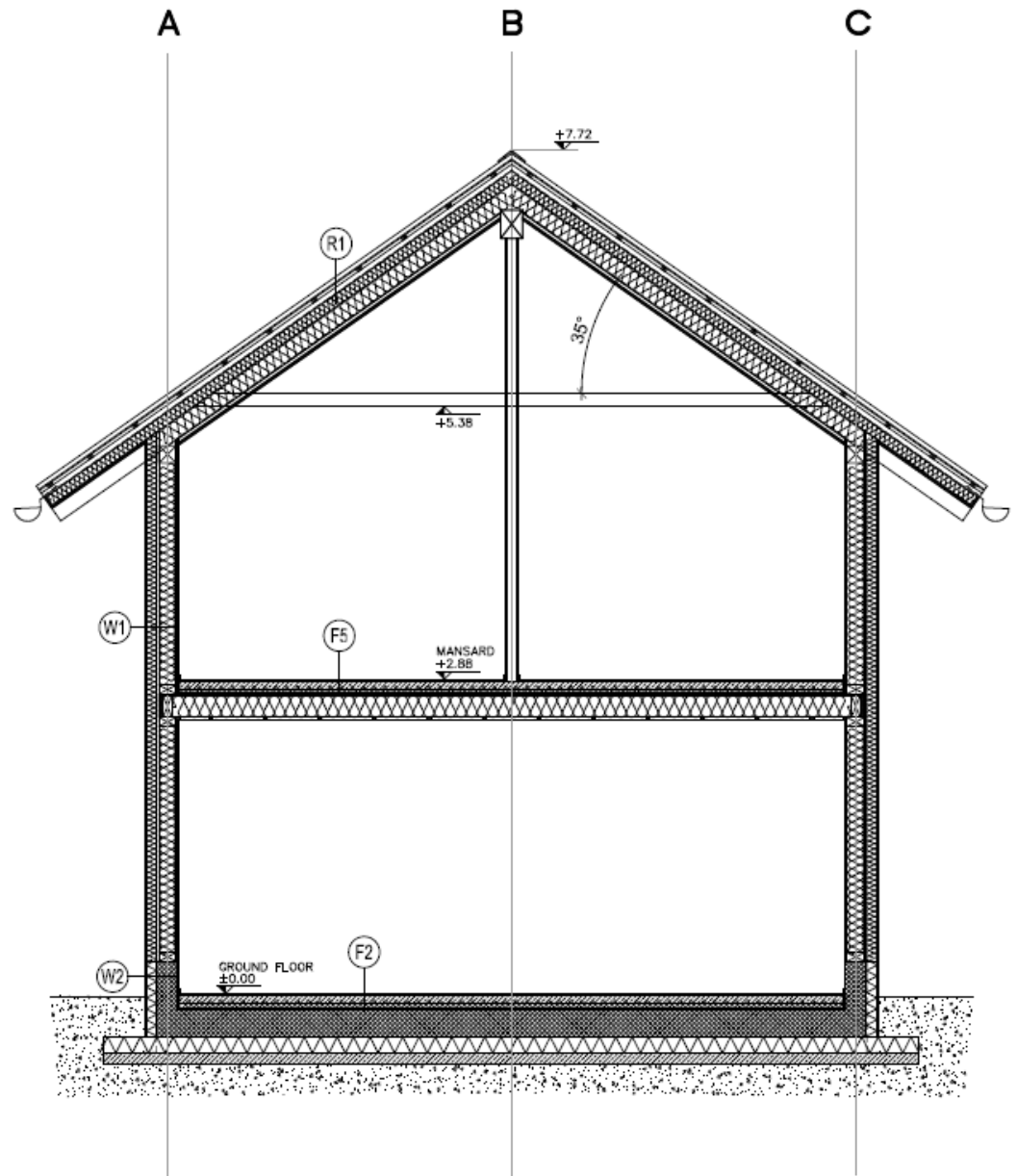


Reference house design

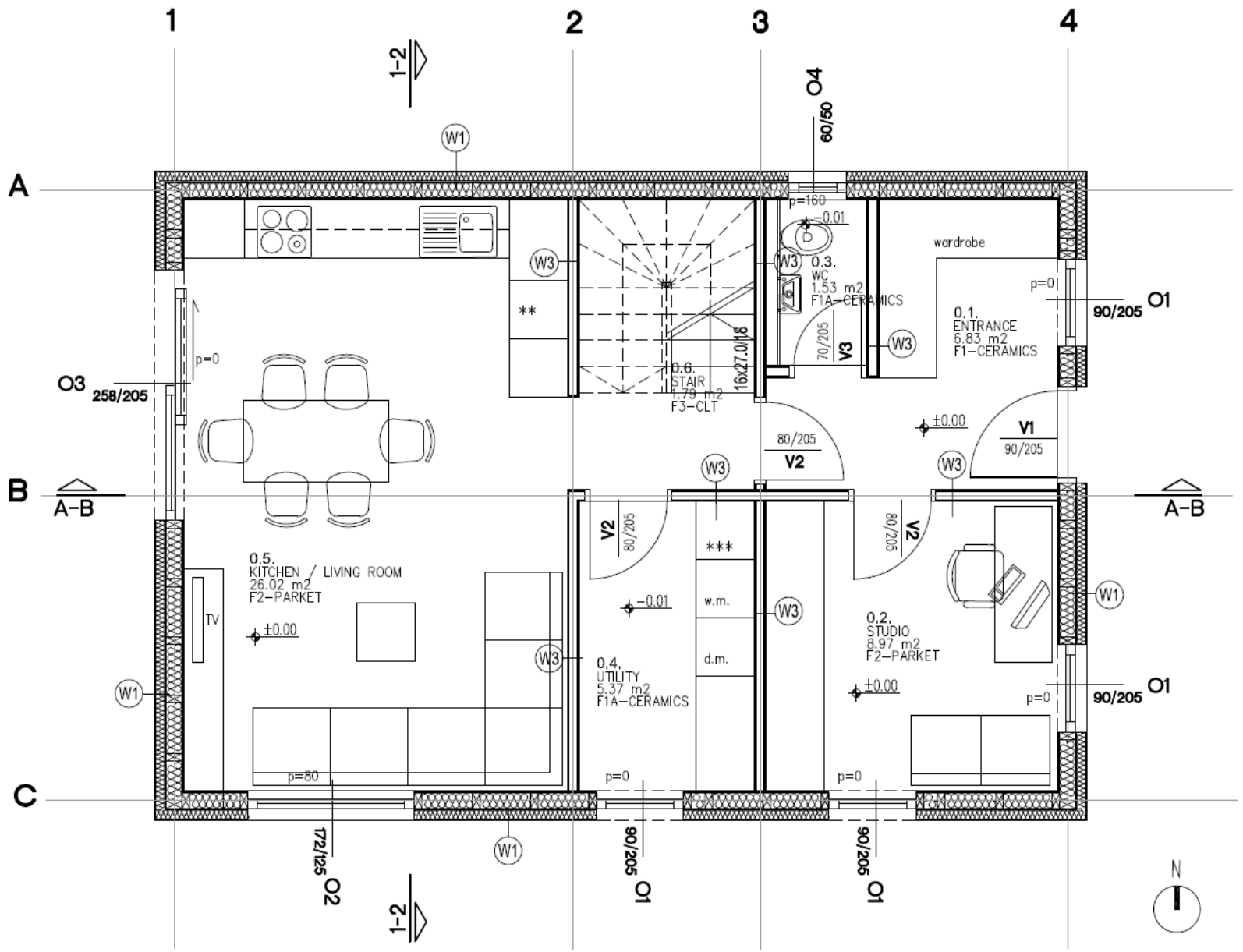


FACADE WEST





SECTION 1-2



GROUND FLOOR: 50,51 m²

LCA modelling

- Follows closely the data and method of the benchmark for environmental impact of housing in Europe - Basket of Products Consumer Footprint indicator for housing (Baldassarri et al 2017, Lavagna et al 2018)

Building and Environment 145 (2018) 260–275

Contents lists available at ScienceDirect

Building and Environment

journal homepage: www.elsevier.com/locate/buildenv

Benchmarks for environmental impact of housing in Europe: Definition of archetypes and LCA of the residential building stock

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ARTICLE INFO

ABSTRACT

Keywords:
 Housing
 Life cycle assessment
 Benchmark
 Representative dwellings
 Statistical analysis
 European residential building stock

This study describes the results of Life Cycle Assessment (LCA) applied to 24 statistically-based dwelling archetypes, representative of the EU housing stock in 2010. The aim is to quantify the average environmental impacts related to housing in Europe and to define reference values (baseline scenario) for policies development. The average environmental impacts have been calculated taking into consideration the number of dwellings (clustered per typology, year of construction and climate zone) related to each representative model. System boundaries include production, construction, use (energy and water consumption), maintenance/replacement, and end-of-life phases of each dwelling. The environmental life cycle impact assessment was carried out using the ILCD method. EU average annual environmental impact per person, per dwelling, and per m² were calculated. Results show that the average life cycle greenhouse gases emissions related to housing per person per year are 2.62 tCO₂e and related to a representative dwelling per year are of 6.36 tCO₂e. The use phase (energy and water consumption) is the most relevant one, followed by the production and the maintenance/replacement phases. Single-family houses are responsible for the highest share of impacts related to housing in Europe. The same type of building has different impacts in different climatic zones, due to the differences in the need for space heating. In general, electricity use and space heating are the activities that contribute more to the overall impacts. The final results could be used as a baseline scenario for testing eco-innovation scenarios and setting targets toward impact reduction.

1. Introduction

The built environment is one of the main drivers of environmental impacts in Europe and represents one of the most important areas of intervention for reducing emissions and consumption of resources. In recent years, several European policy initiatives, such as the Europe 2020 Strategy and the Resource-efficient Europe flagship [1], identified the built environment as one of the strategic areas. As a result, there are many guidelines and European directives on the construction sector, in particular those related to the reduction of energy consumption in the use phase of buildings (which contributed to 41% of EU energy consumption in 2010). These directives aim to reduce the overall environmental impacts of buildings. However, the main policies tend to focus only on the most impacting phase (use phase) and on the most known drivers of impacts (such as energy and CO₂ emissions) without checking the effects of the promoted strategies on the entire life

cycle of the impacts and considering a variety of environmental impacts. The risk, in fact, is to create burden shifting among the life cycle phases and among the different impacts.

During the years, several requirements were defined to improve the energy performance of buildings (e.g. increase of thermal resistance), through the 2002 and 2010 Energy Performance of Buildings Directive (EPBD) [2–4] and the 2012 Energy Efficiency Directive [5]. Nonetheless improving the energy performance of buildings toward Zero Energy Buildings, the impacts derived from the production of building materials and equipment can overcome the impacts related to the use phase. It should be emphasized that not all the energy efficiency strategies, including the regulatory ones, lead to an overall reduction of the environmental impacts. In fact, while in old buildings the ratio of impacts between the production of materials and the impact of energy consumption on the use phase is 1:10, in low-energy buildings the embodied energy can represent the 45% of the lifecycle energy [6,7].

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<https://doi.org/10.1016/j.buildenv.2018.09.008>
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 Available online 07 September 2018
 0360-1323/ © 2018 The Authors. Published by Elsevier Ltd. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>).



JRC TECHNICAL REPORTS

Consumer Footprint

Basket of Products indicator on Housing

Catia Baldassarri, Karen Allacker, Francesca Reale, Valentina Castellani, Serenella Sala

2017

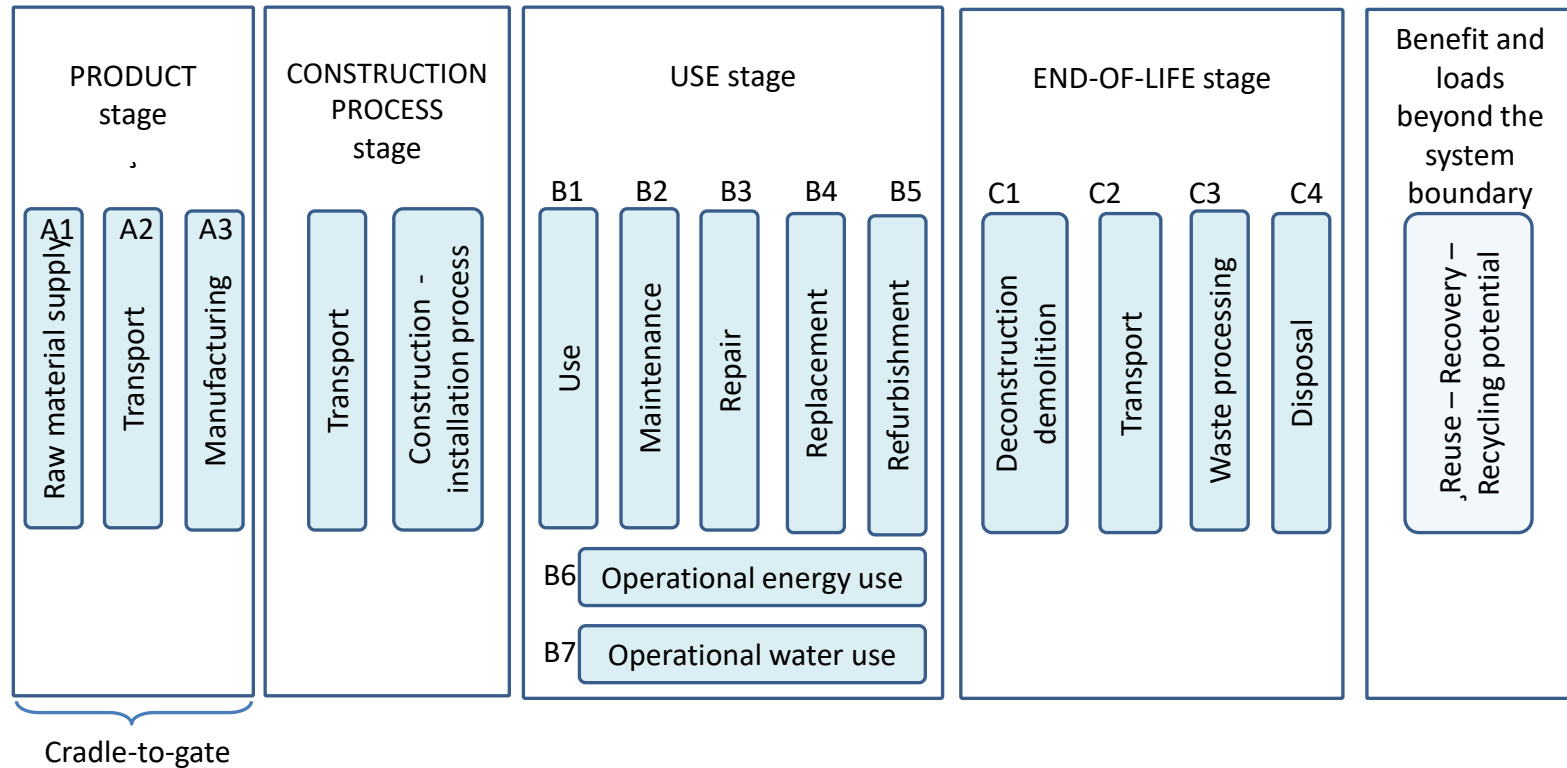


Data – building the life cycle inventory

Example of data collection

	Quantity	Unit	Volume [m ³]	Density [kg/m ³]	Mass [kg]
W3 - inner walls:					
gypsum plasterboards - 1,25 cm*2 = 2,5 cm	92.54	m ²	2.313	900	2082.1
load bearing construction profiles - 6/10 cm - 10 cm	1.85	m ³	1.851	420	777.3
stone wool (between wooden construction) - 10 cm	9.25	m ³	9.254	30	277.6
gypsum plasterboards- 1,25 cm*2 = 2,5 cm	92.54	m ²	2.313	900	2082.1

System boundary according to EN 15804

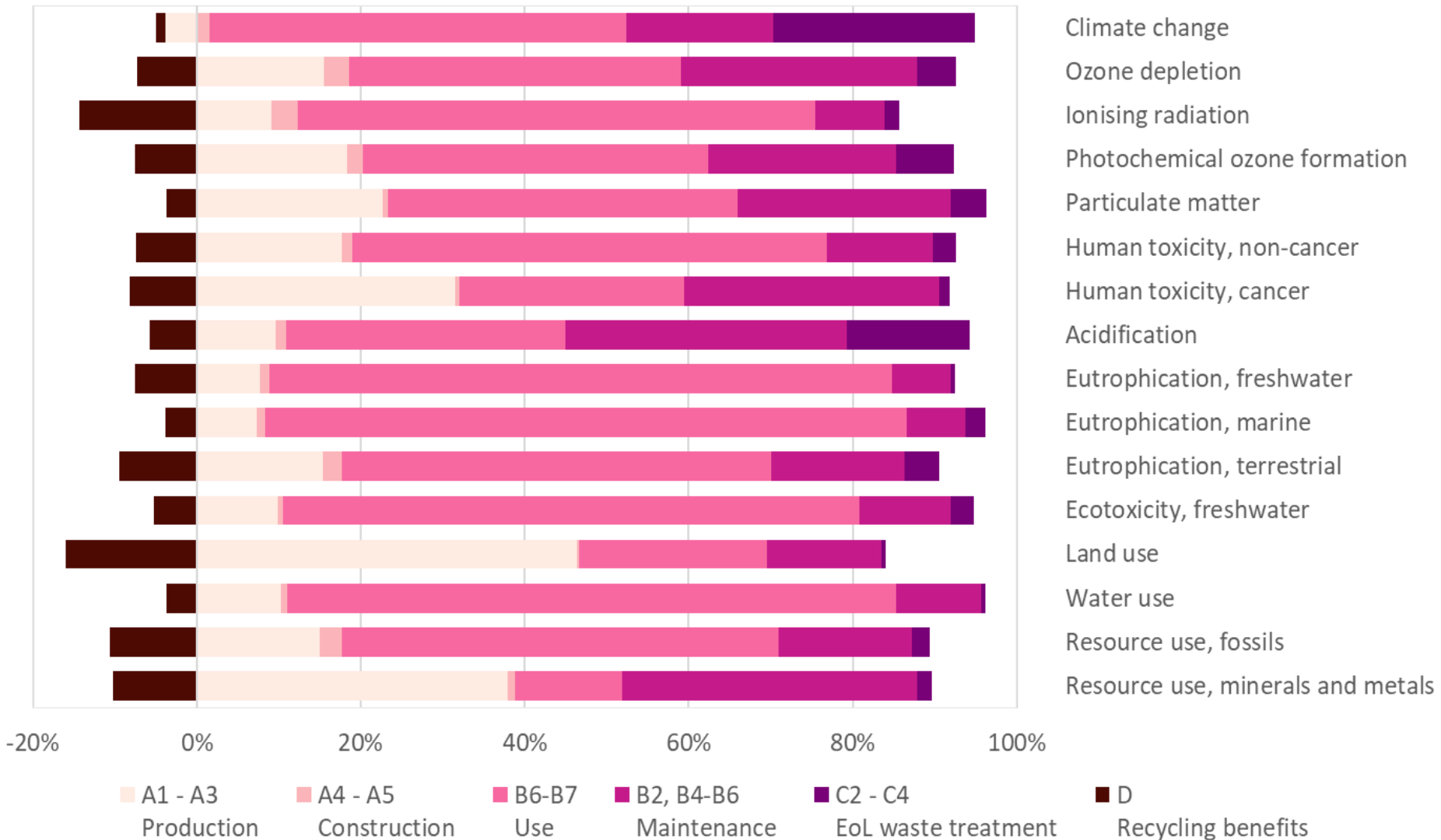




Example 1: A house - Results



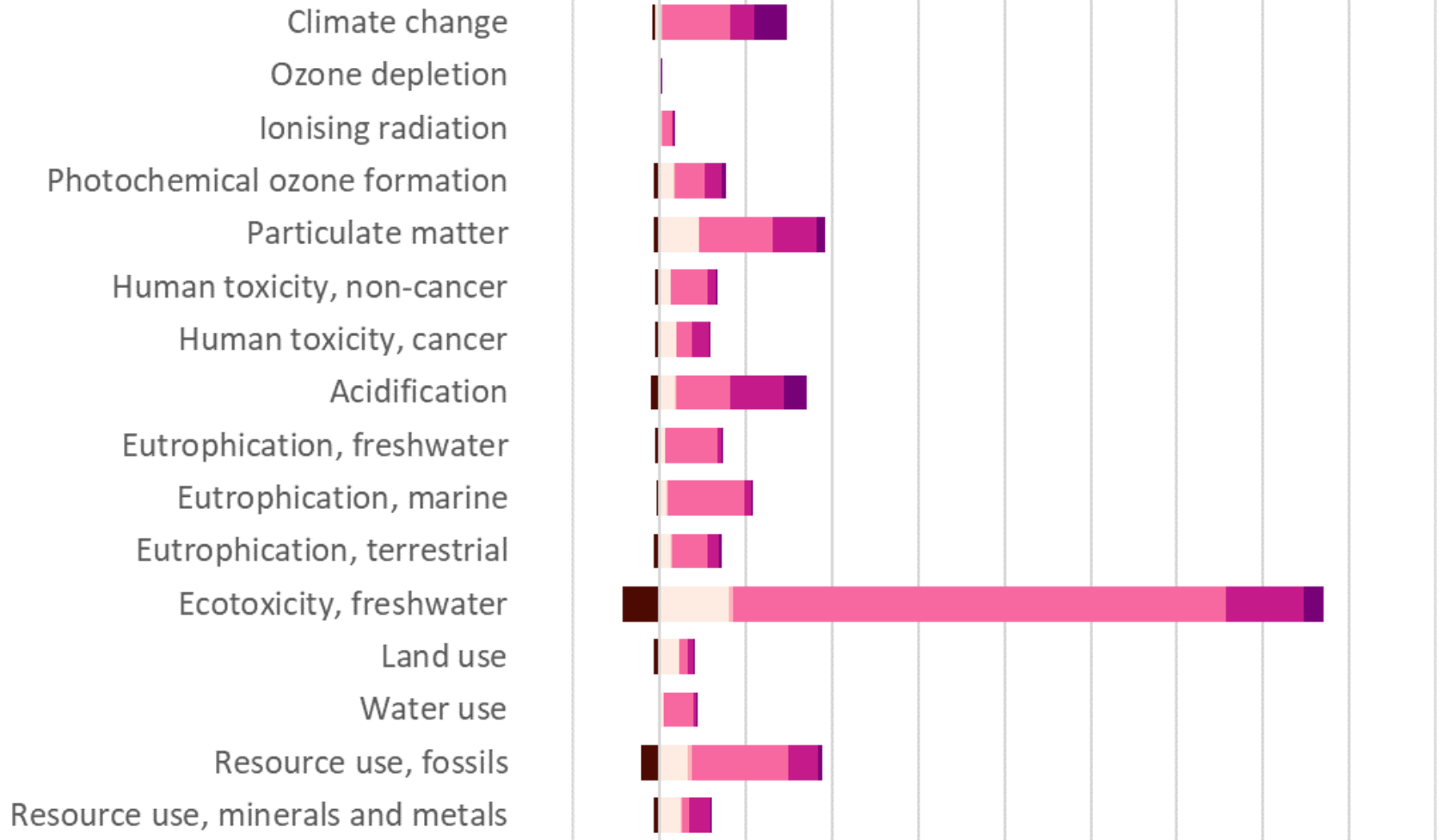
Characterised results – EN15804 A2 & EF 3.0





Normalised results – Global 2010

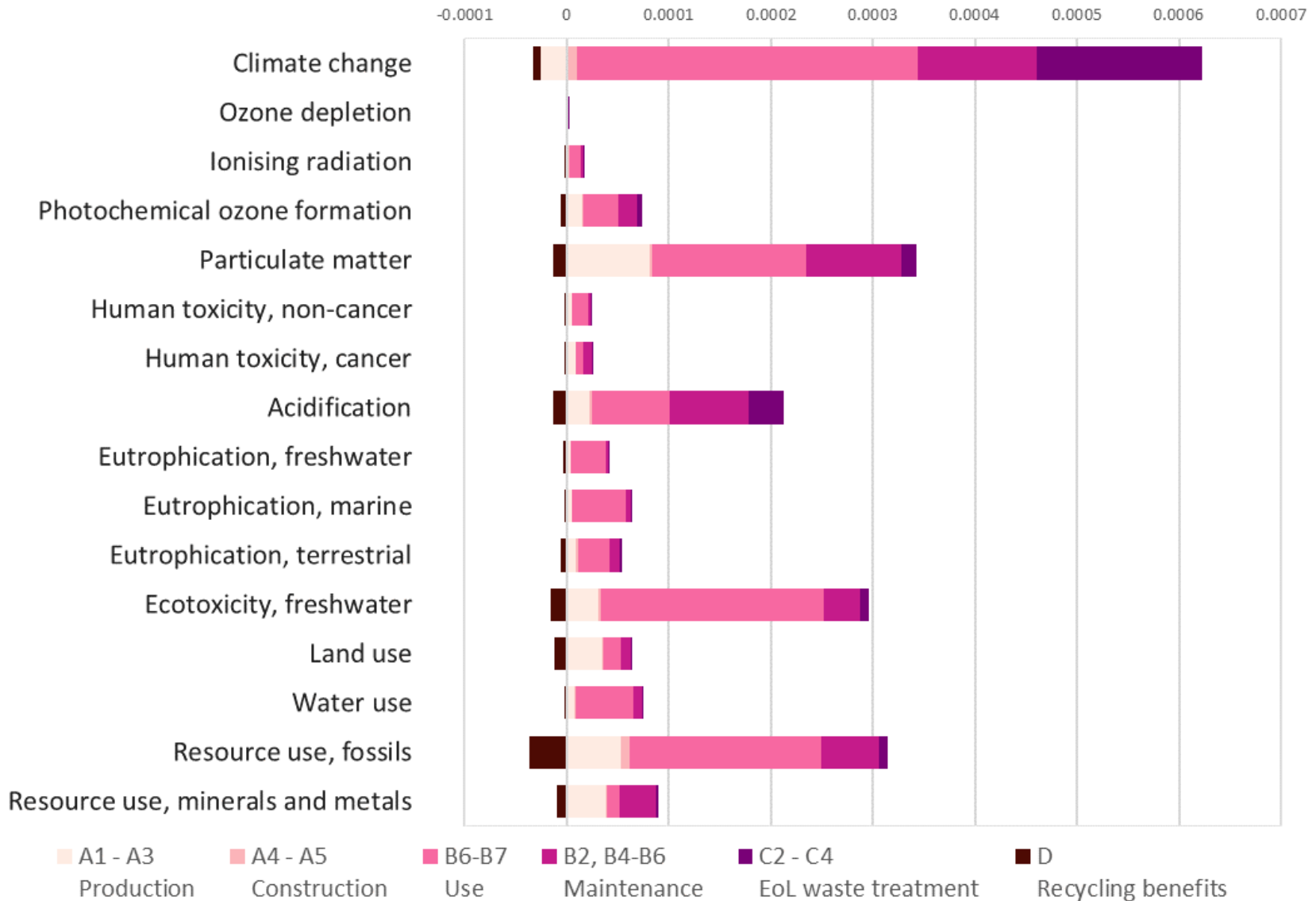
-0.002 0 0.002 0.004 0.006 0.008 0.01 0.012 0.014 0.016 0.018



■ A1 - A3 Production
 ■ A4 - A5 Construction
 ■ B6-B7 Use
 ■ B2, B4-B6 Maintenance
 ■ C2 - C4 EoL waste treatment
 ■ D Recycling benefits

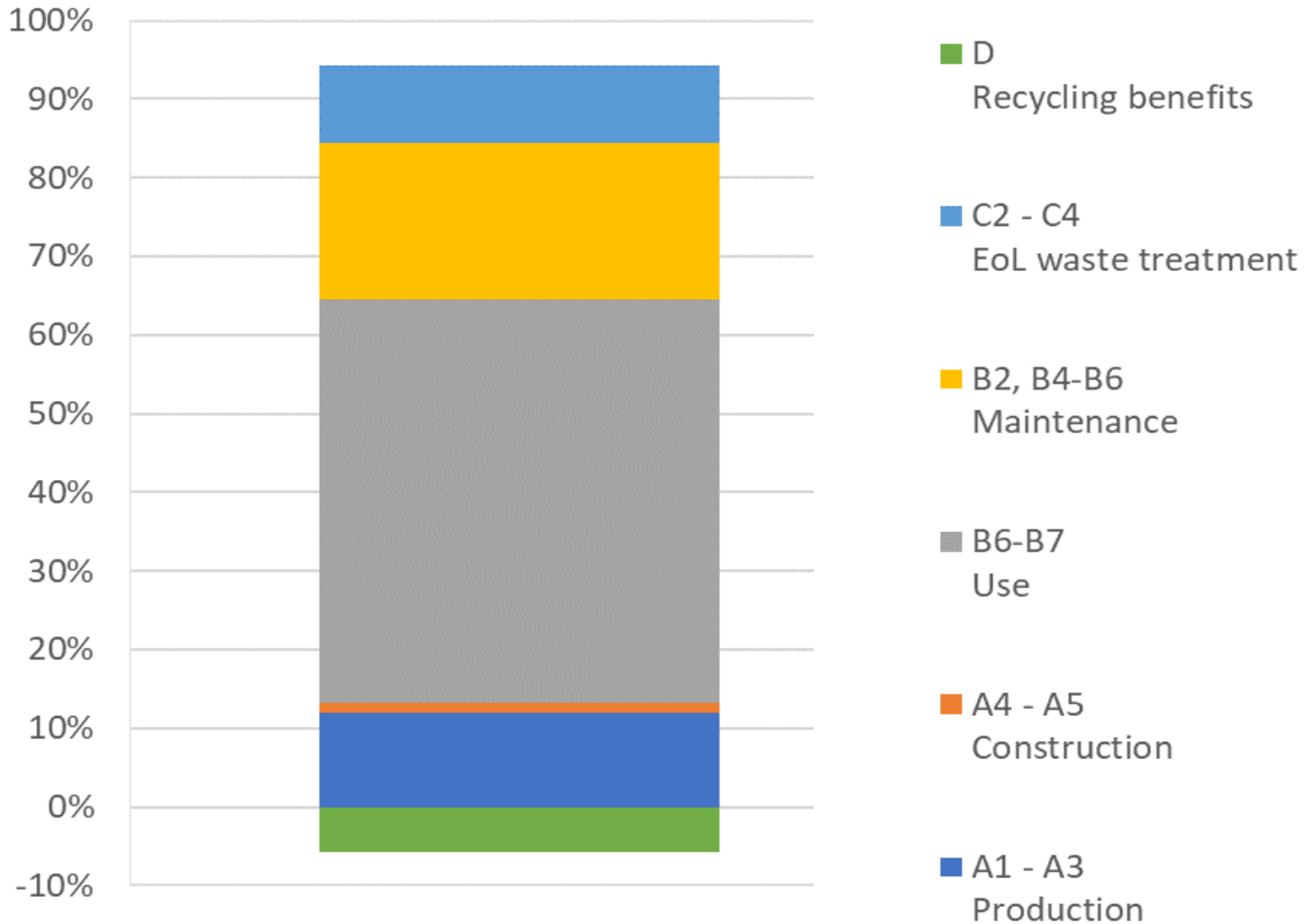


Weighted results – EN15804A2/EF 3.0





Weighted results





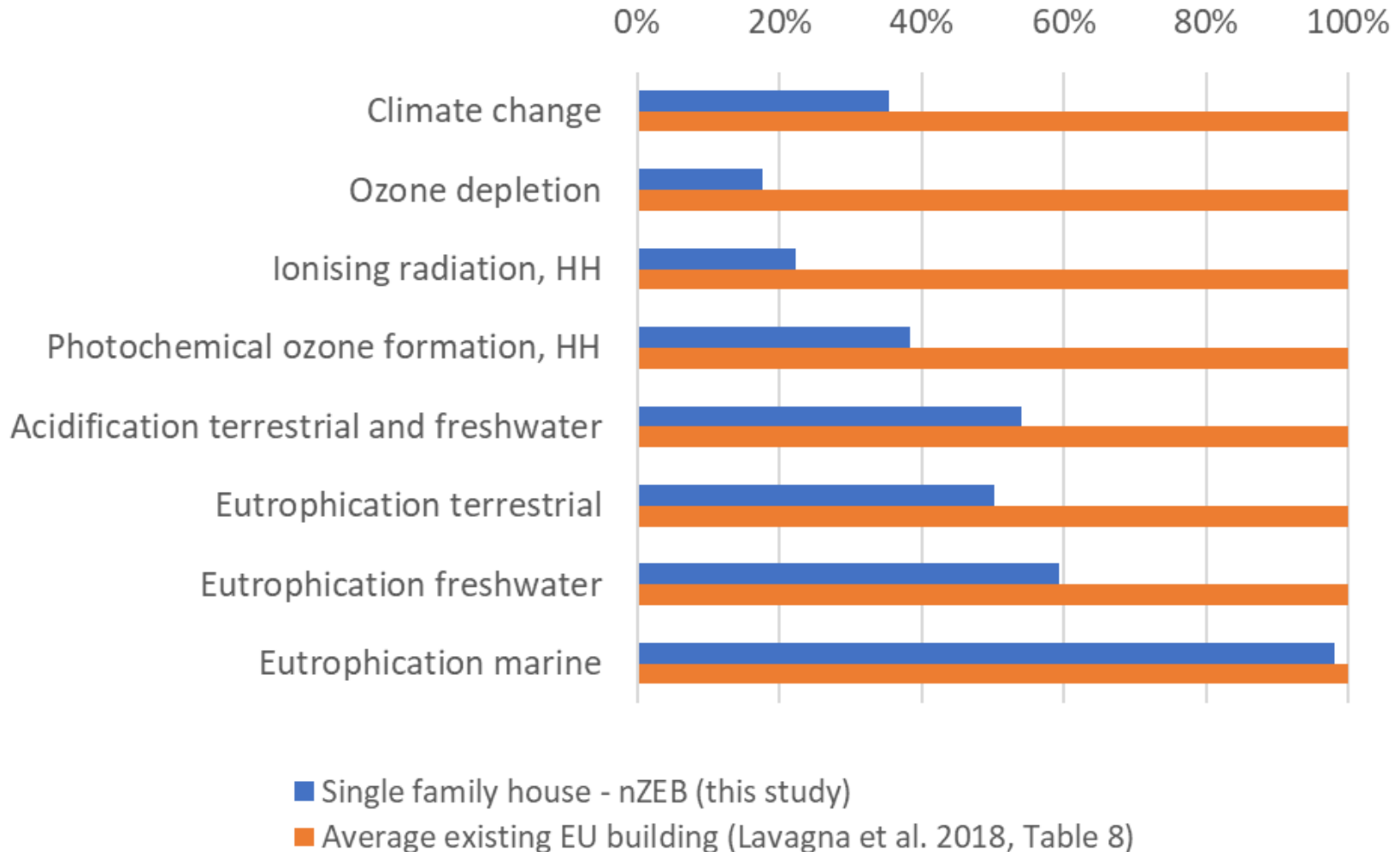
LCA results of the nZEB building

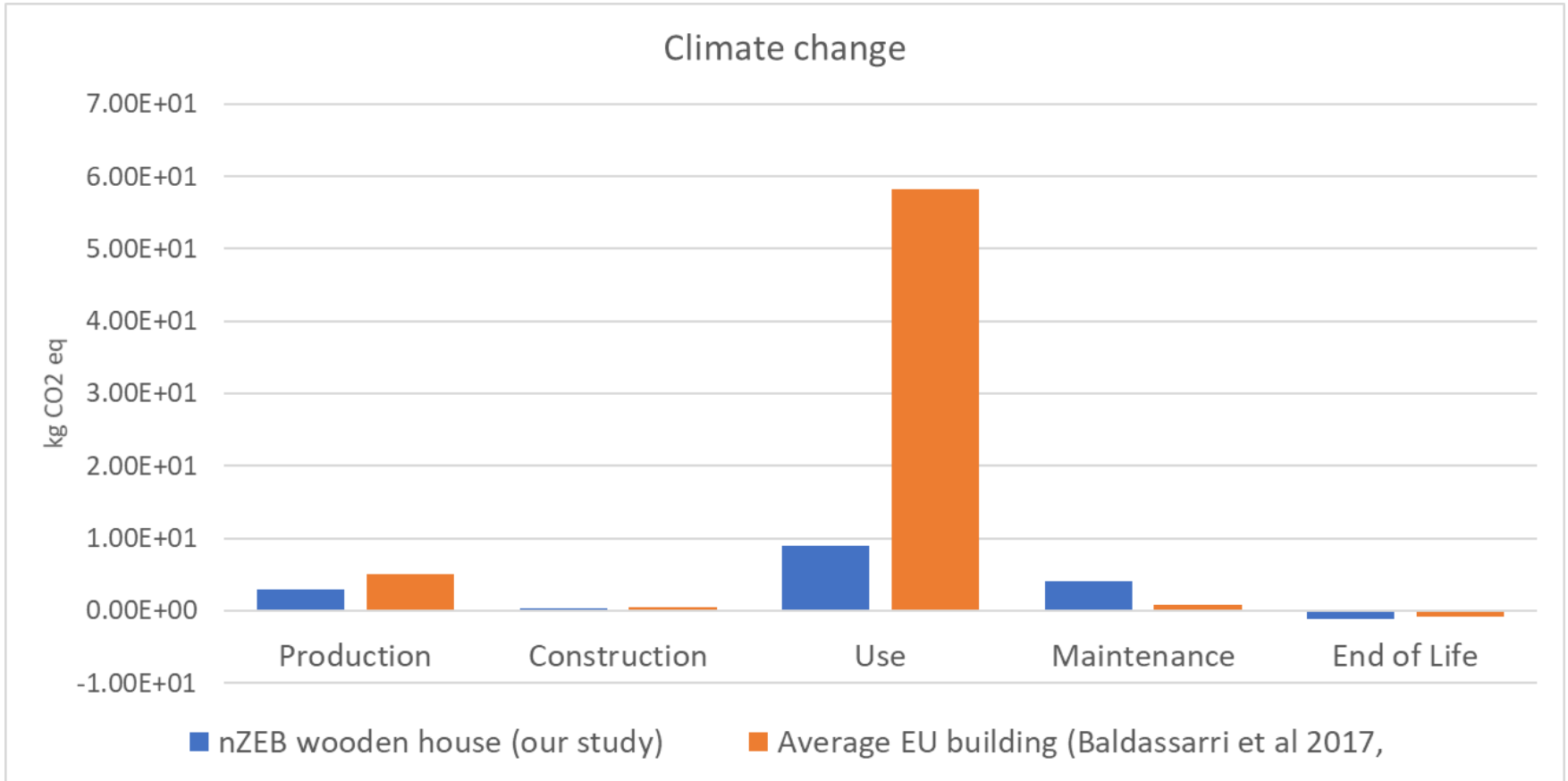
- The reference building fulfils the nearly-zero energy building requirement in all European countries, except Denmark. Better insulation or energy harvesting (e.g. solar roof) might be required here.
- The energy use for heating and water is still the main contributor, but it has been considerably reduced with the new reference wooden building design.
- Maintenance contributes more than module A (Production A1-A3 and Construction/Installation A4-A5) over 100 years.
- Our single family house nZEB-design represents a considerable ($\approx 50\%$) reduction compared to an average existing EU building in most impact categories investigated.

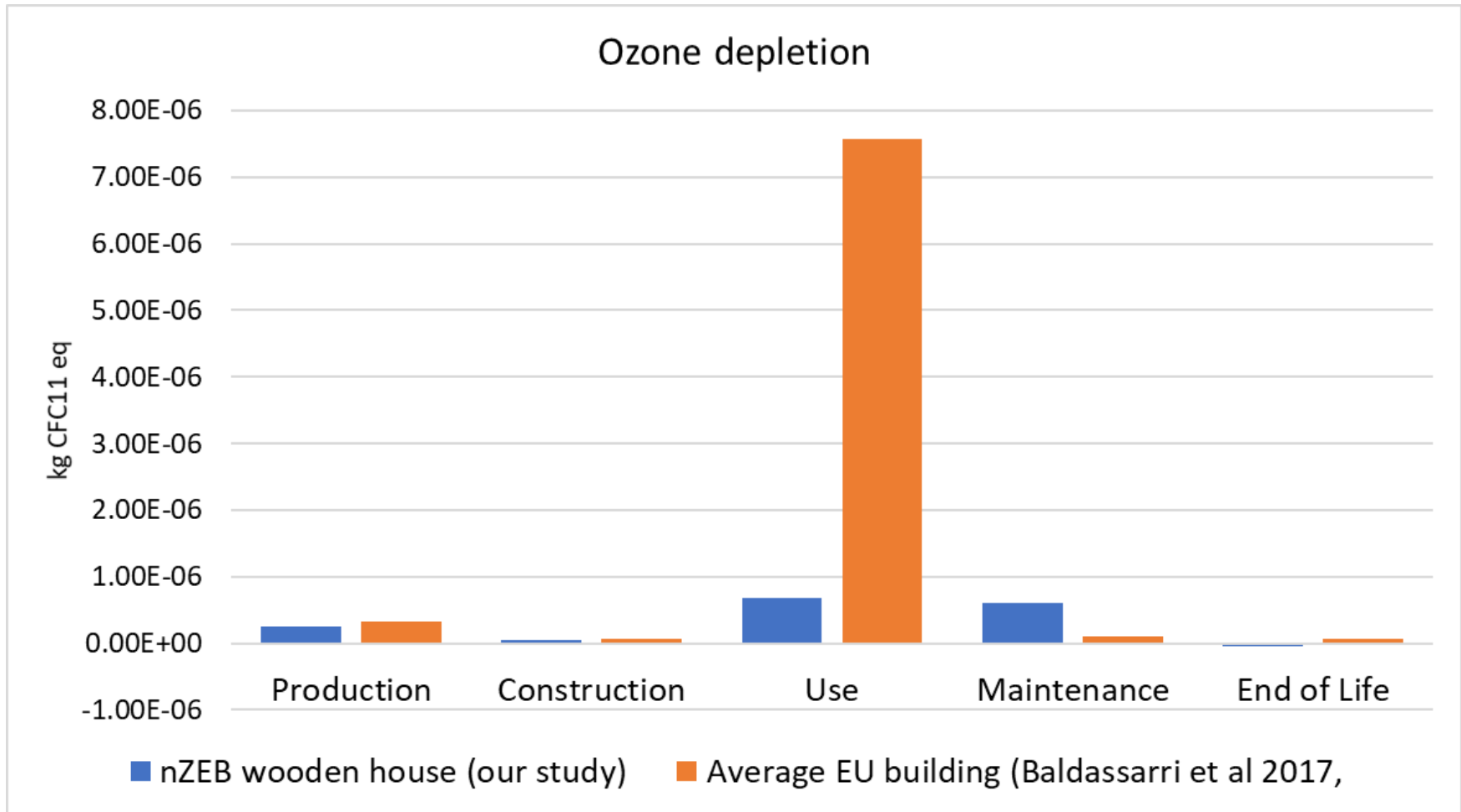


Comparison

Our wooden single family house nZEB vs. average existing EU residential building

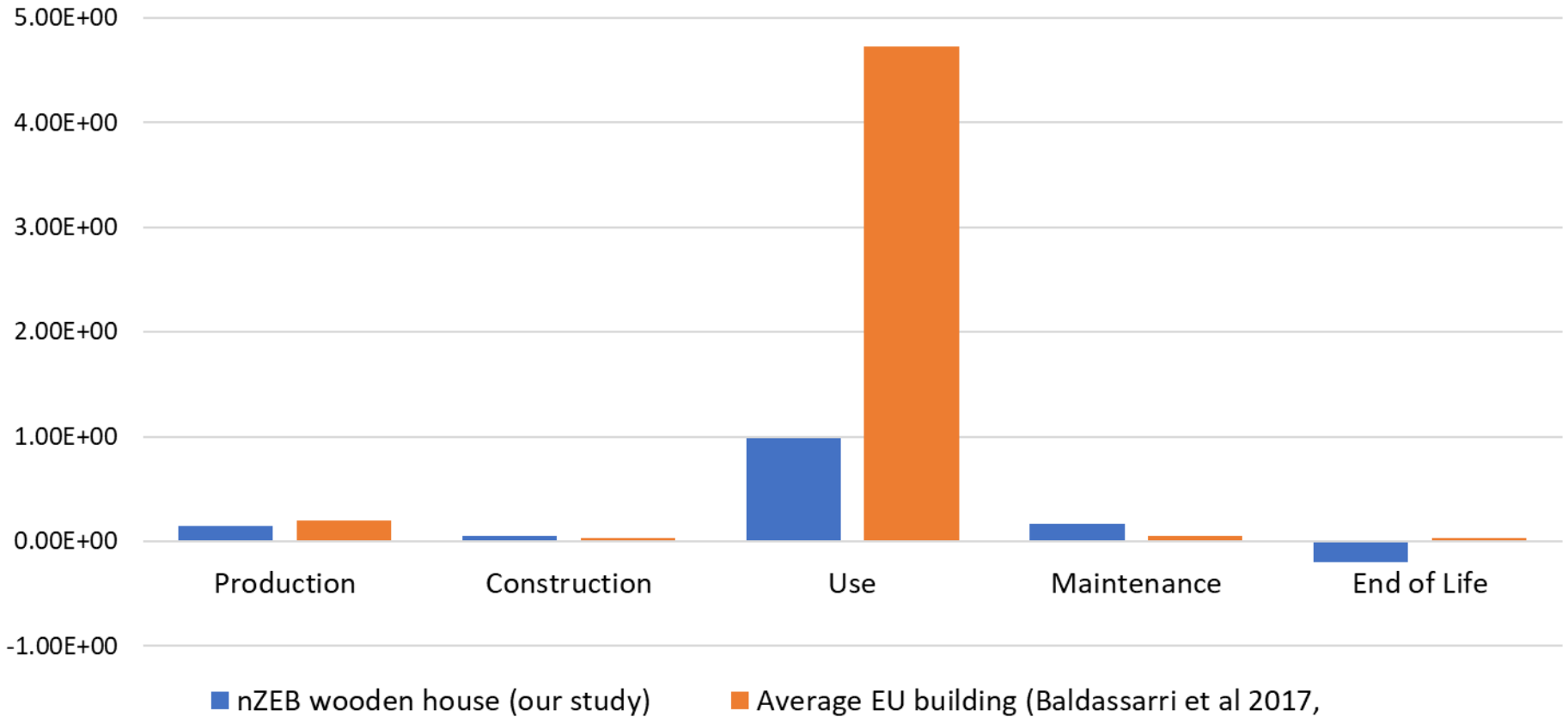


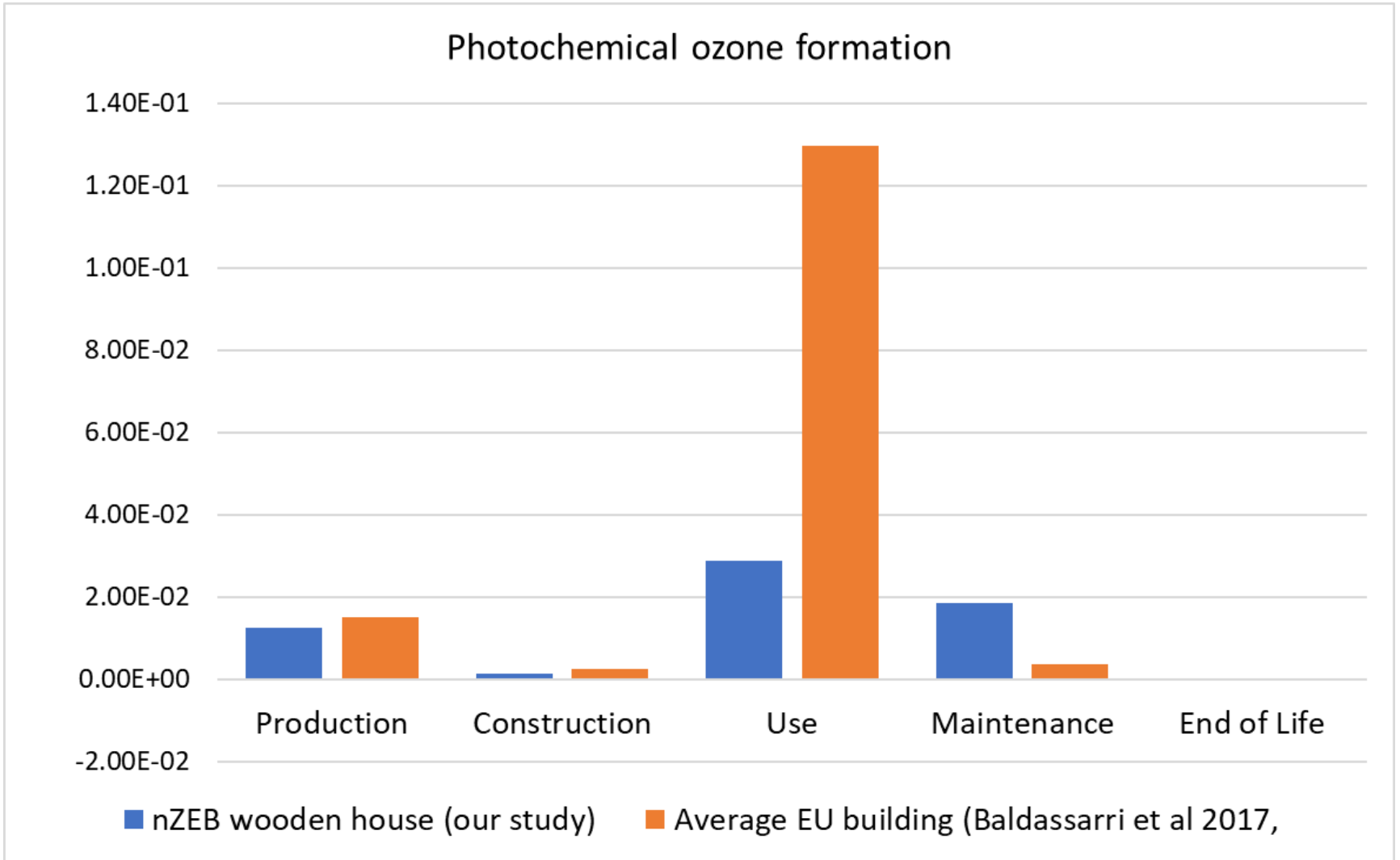






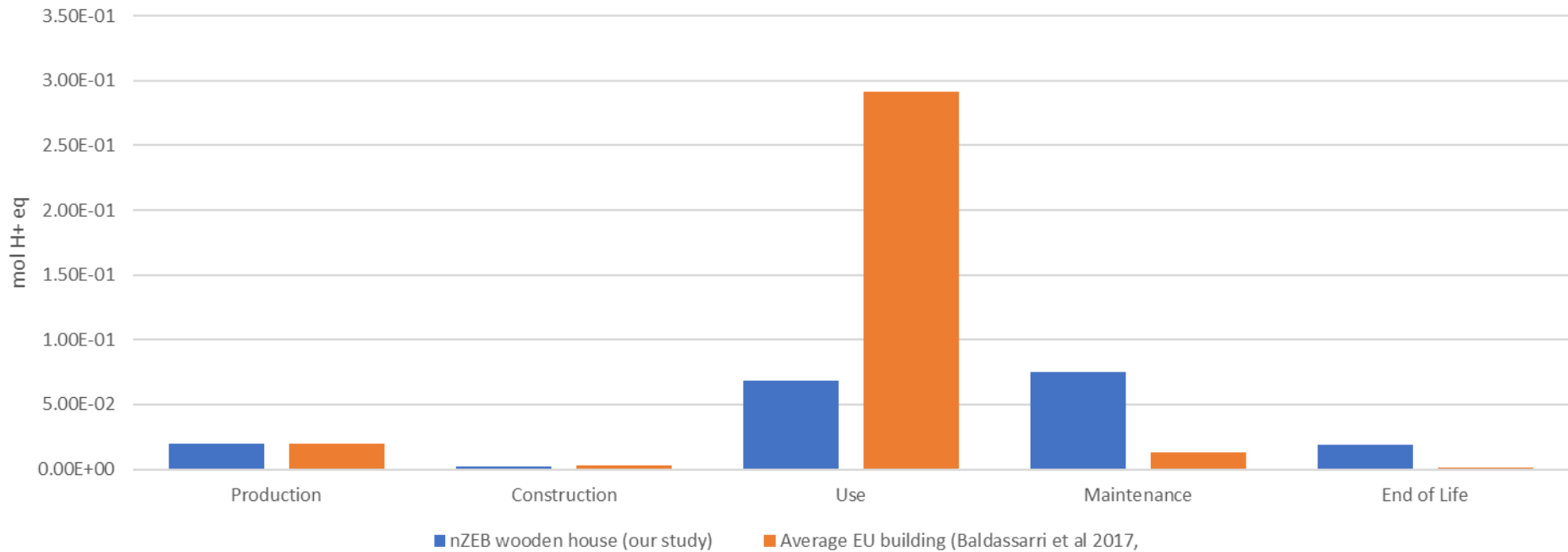
Ionising radiation



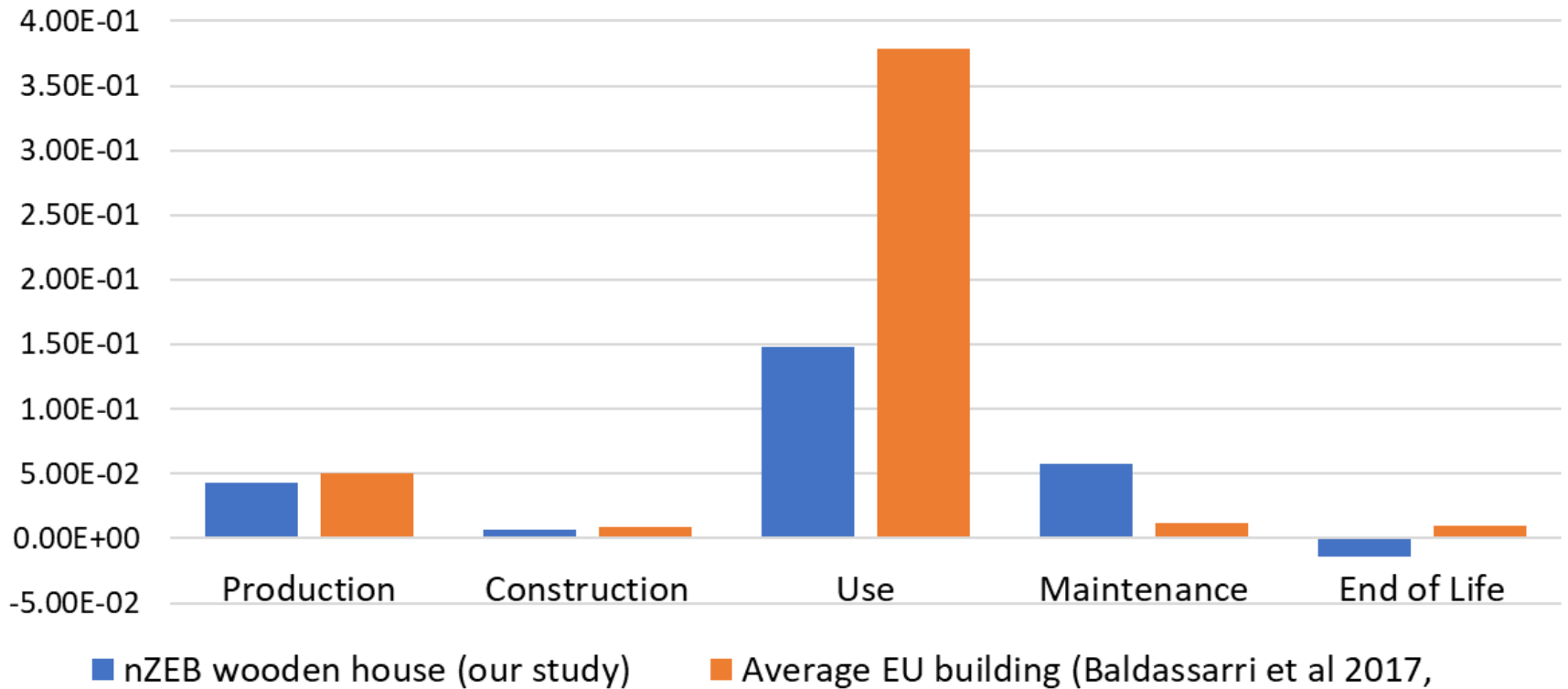




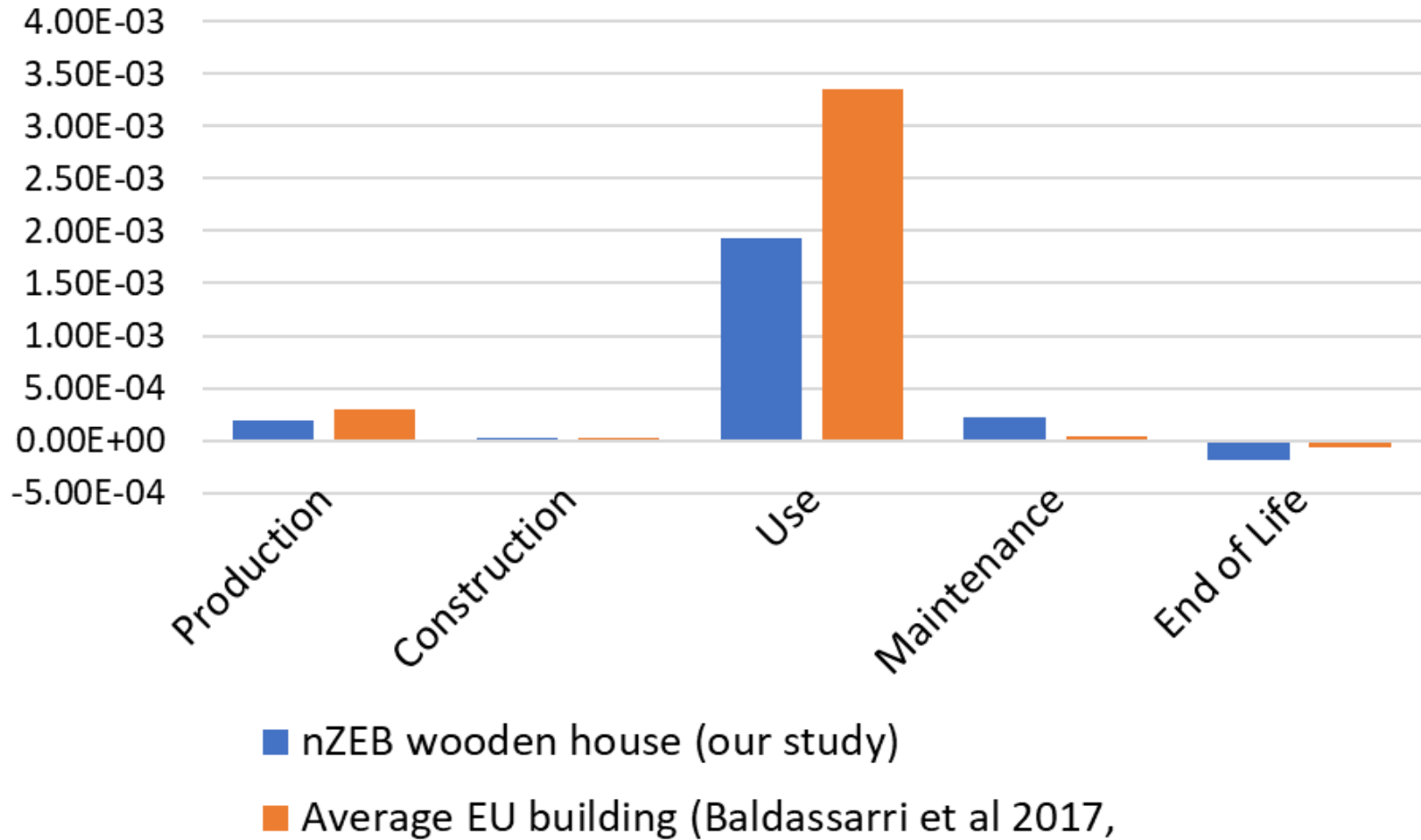
Acidification



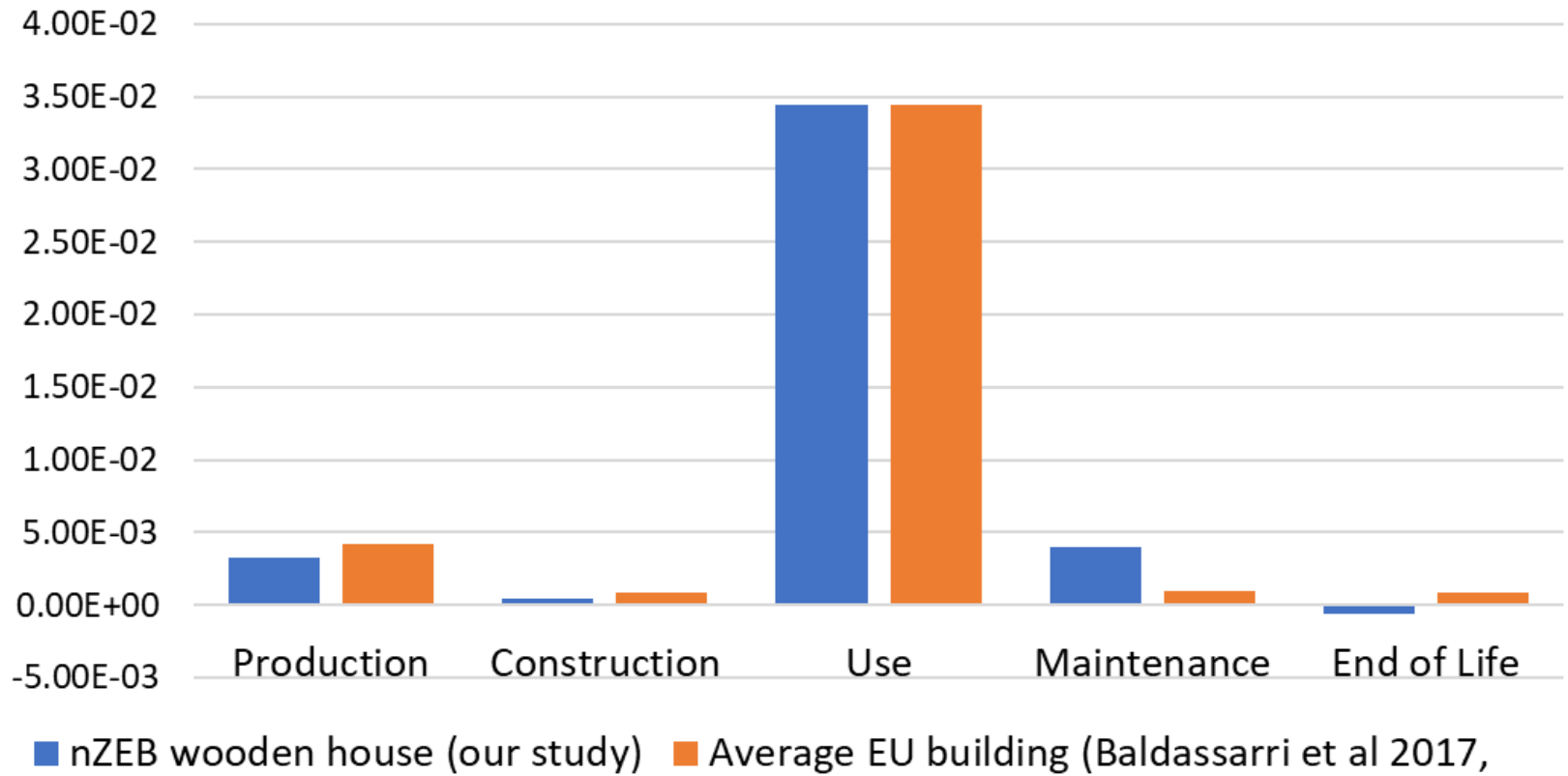
Eutrophication, terrestrial

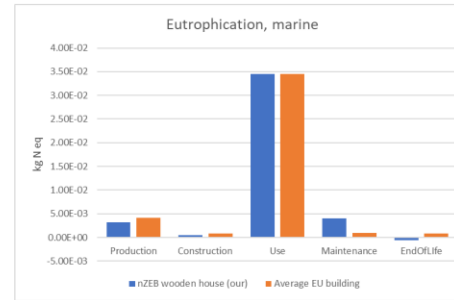
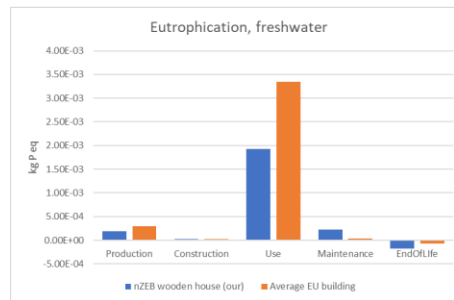
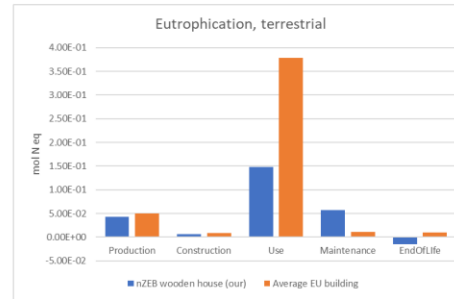
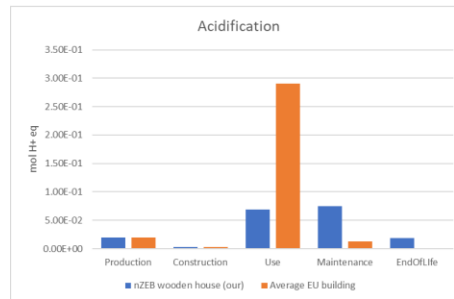
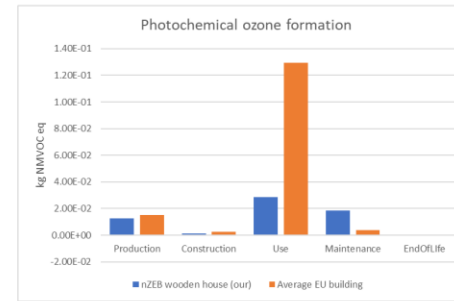
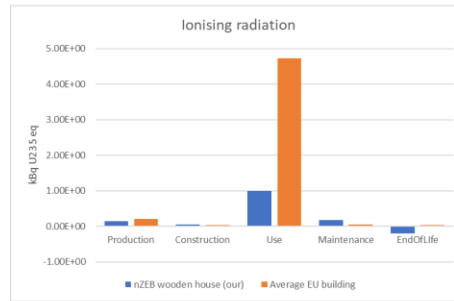
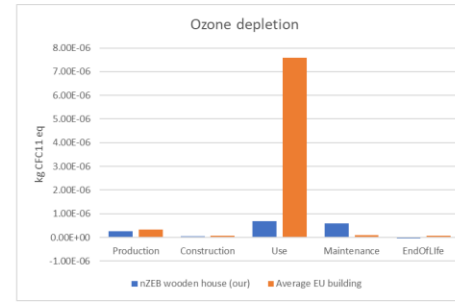
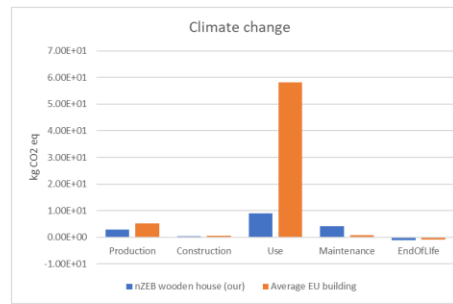


Eutrophication, freshwater



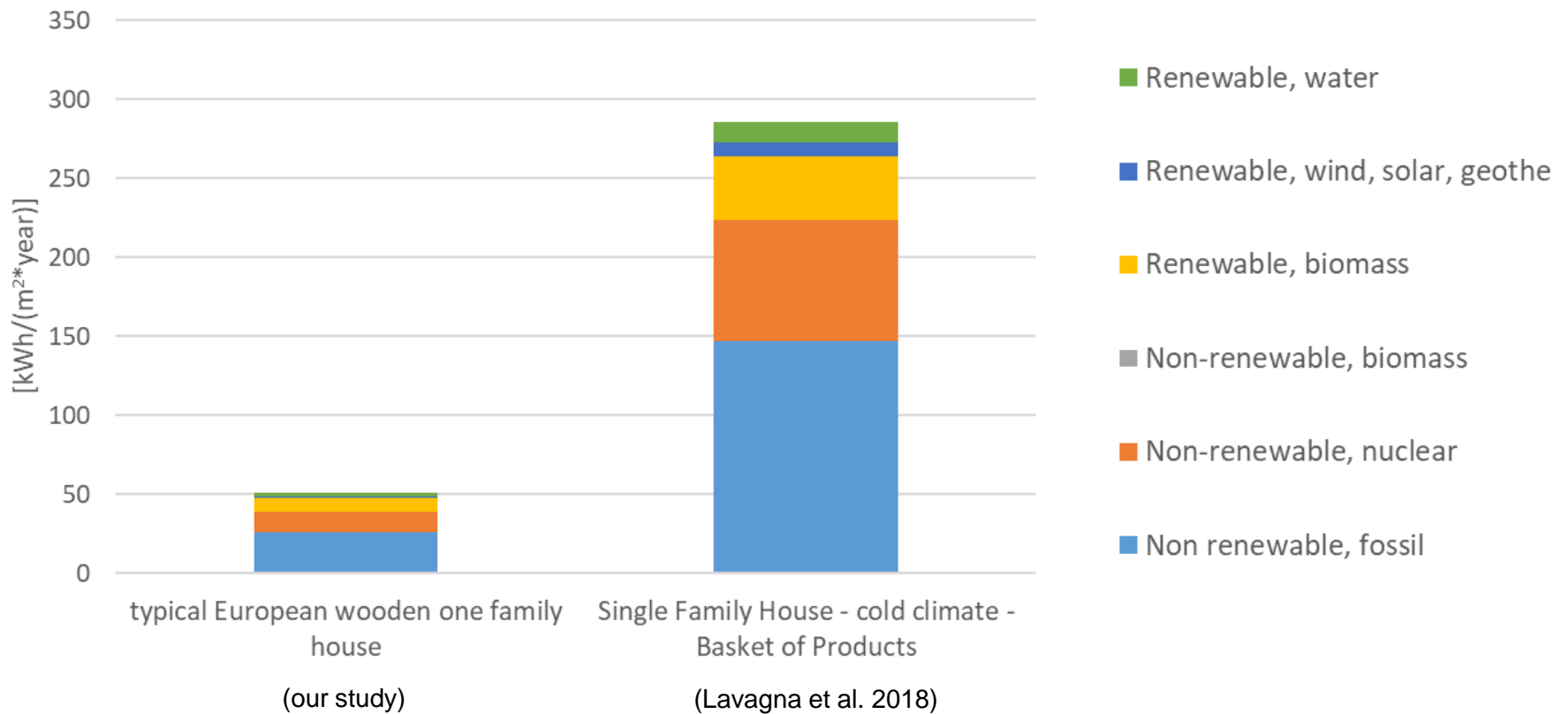
Eutrophication, marine





Comparison, use stage – Energy use

Use phase - energy use - cumulative energy demand (kWh per m² and year)





What could be the research question?



What could be the research question?

- How to improve the communication of LCA results of wooden single family houses?
- What is the average impact of a wooden single family house in Europe?
- How to improve the life cycle environmental impact of housing in Europe?



Example 2: LCA of the InnoRenew CoE building

- Goal
 - Assess how many trees InnoRenew CoE needs to plant to offset the environmental impact of the new research building in Izola, Slovenia
 - Assess environmental life cycle impact of the different building components
 - Find environmental hotspots

Life cycle assessment (LCA) of the new InnoRenew CoE research building

Abstract

Climate change and other environmental problems from the production of raw materials, construction and buildings' end of life are serious concerns that need to be solved urgently. Life cycle assessment (LCA) and the EU-recommended Environmental Footprint (EF) are well-known and accepted tools to measure a comprehensive set of environmental impacts throughout a product's life cycle. In this contribution, we assess the InnoRenew CoE building being constructed in Izola, Slovenia. This is the largest mass timber building in the Republic of Slovenia and will host offices and laboratories for up to 90 researchers on a total area of 8200 m². We show the carbon and environmental footprints and the hot spots cradle-to-gate of this building.



Figure 1: System boundary for the LCA. Transport is also included but not shown in the figure. Only the coloured life cycle stages are reported in this first iteration.

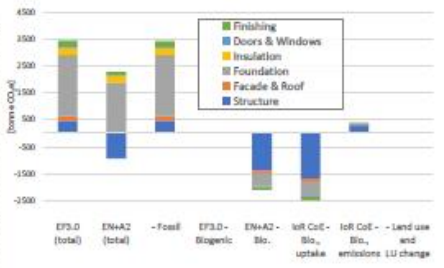


Figure 2: Carbon footprint (climate change) cradle-to-gate measured with different methods: EF3.0 = the EU environmental footprint method v 3.0 and EN 15804+A2:2019.

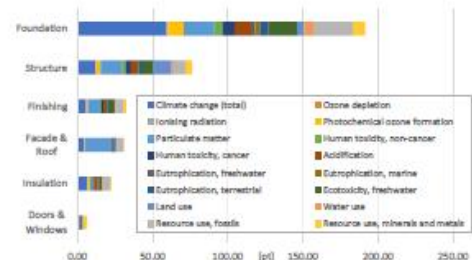


Figure 3: Normalised and weighted EF 3.0 indicators showing that the foundation (with concrete and reinforcing steel) is a hot spot.



Figure 4: How many oak trees do you think InnoRenew CoE needs to plant to offset the 1) carbon footprint and 2) environmental footprint of the new Izola building?

- 90 researchers
- Total area of 8200 m²
- Foundation (garage, ground floor) of (reinforced) concrete
- Green roof and glass
- Rest of building mainly wood

Poster:
 Schau EM, Prelovšek Niemelä E, Kavka U, & Kutnar A (2020) *Life Cycle Assessment of the New InnoRenew CoE Research Building* (LeVan-Green S, Ed) *Society of Wood Science and Technology (SWST) 63rd International Convention*. Porterož, Slovenia

Question to you

Please send an email with your answers for the question in Figure 4 to the corresponding author. Thank you very much for your interest and your answer(s).

* Corresponding author: erwin.schau@innorenew.eu

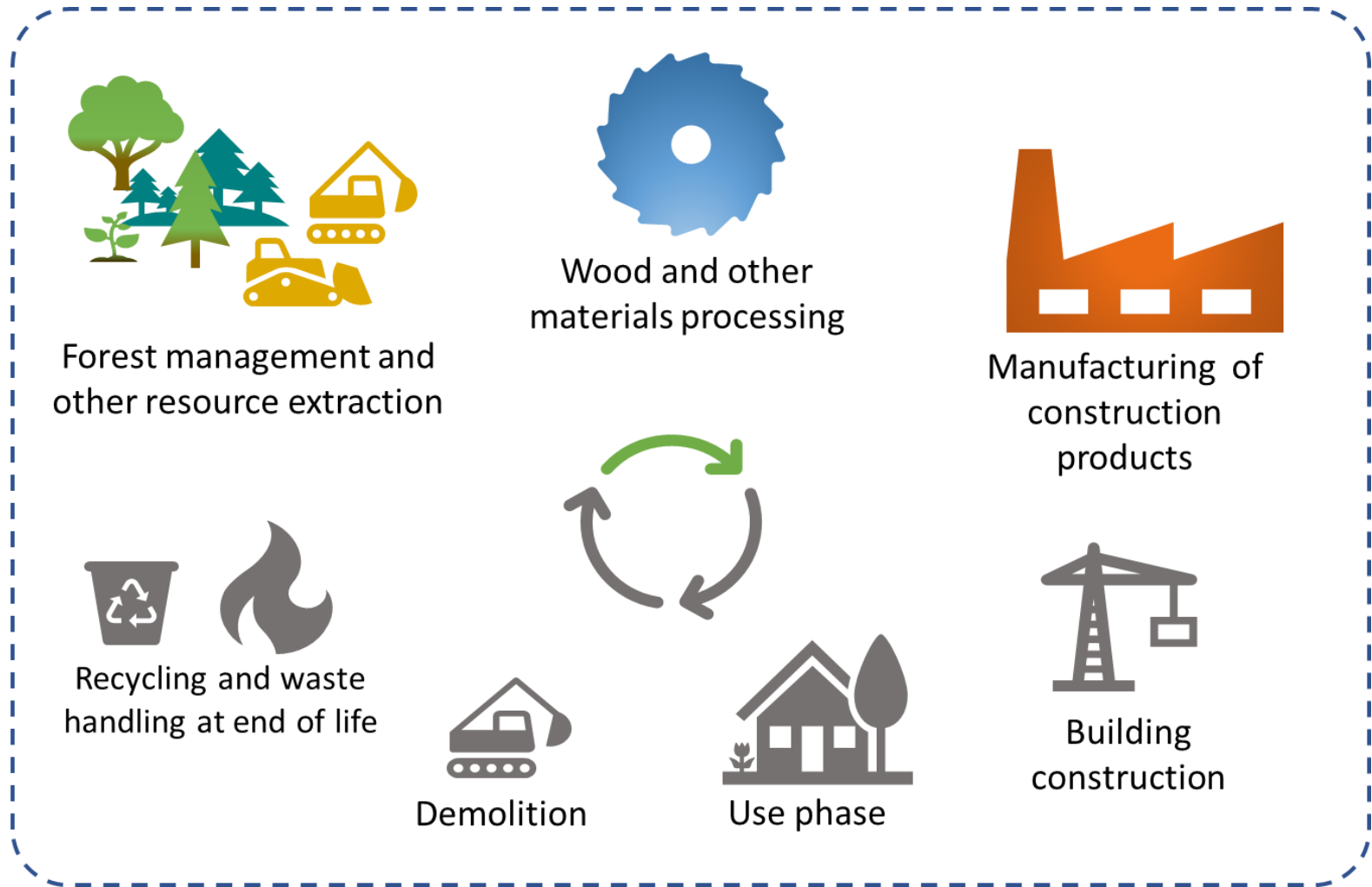


The new InnoRenew CoE building in Izola (Slovenia)

Invited lecture – University of Primorska – Erwin M. Schau, InnoRenew CoE, 28 Oct 2020



System boundaries – cradle to gate





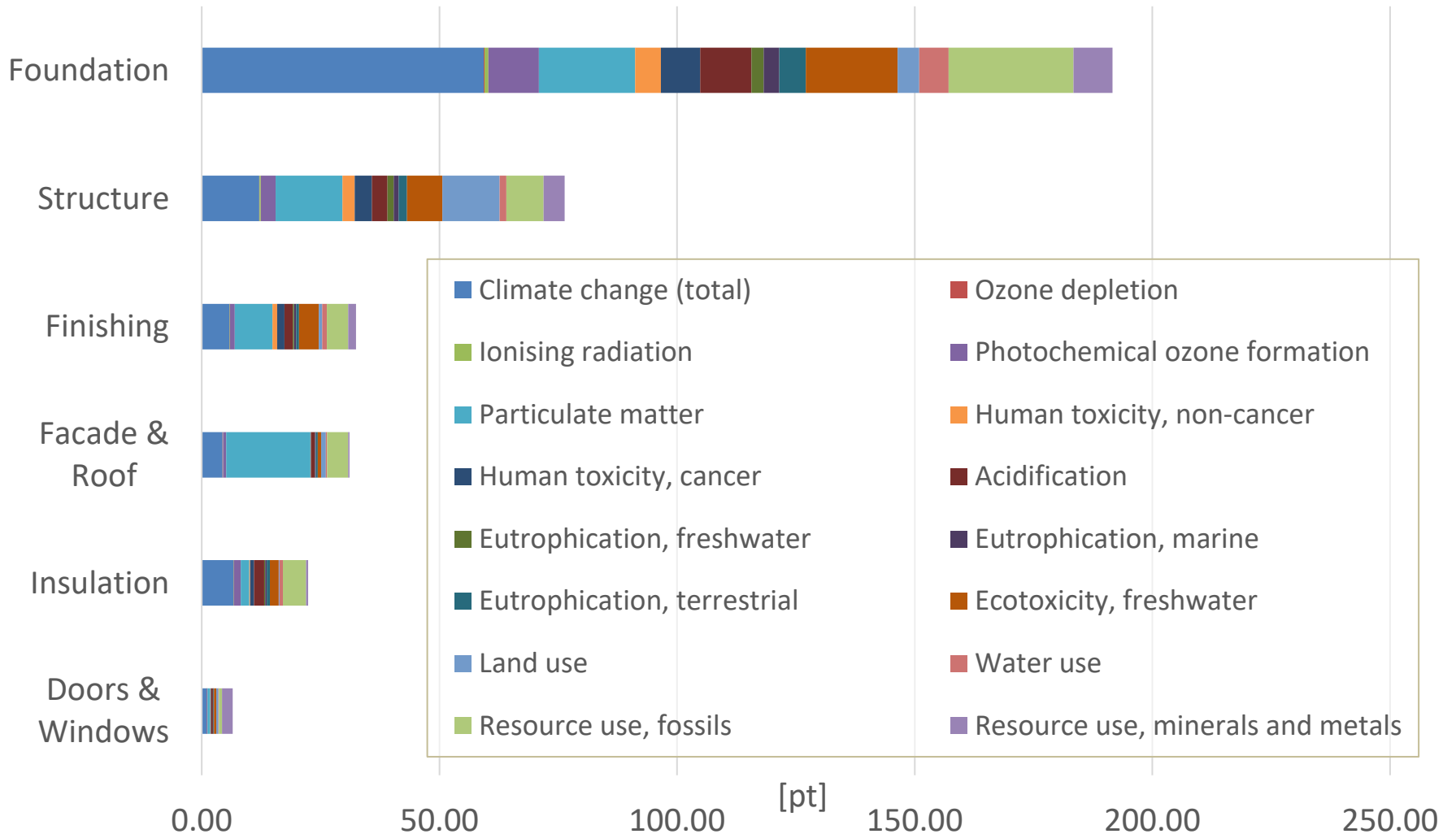
Example 2: InnoRenew CoE building – Methods and data

- Data
 - Starting point: Material list from the procurement documents
 - EcoInvent database
- Method
 - Screening LCA / cradle-to-gate (so far)

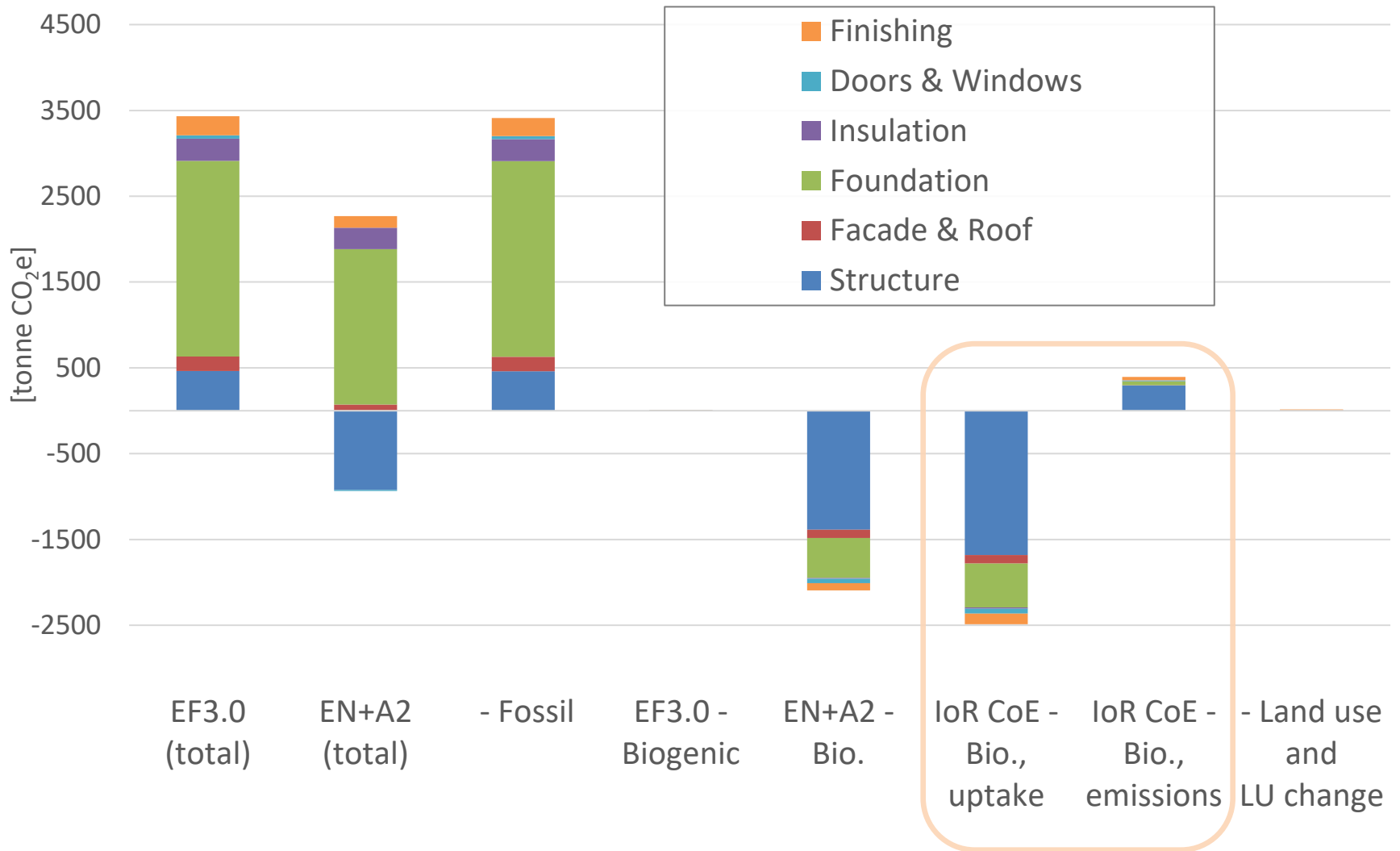


Example 2: InnoRenew CoE building – Results

Results - Normalised and weighted EF 3.0 indicators



Carbon footprint of the new InnoRenew CoE building





InnoRenew CoE

www.innorenew.eu





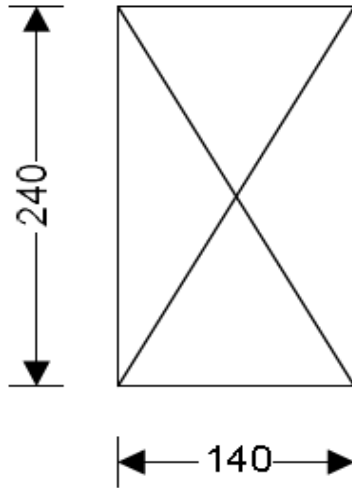
What could be the research question?



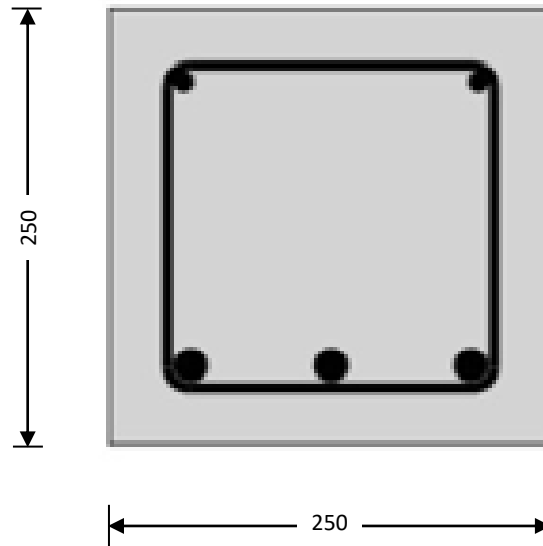
What could be the research question?

- How to improve the communication of LCA results of buildings?
- What is the environmental impact of the new InnoRenew CoE building in Izola, Slovenia?
- What are the cradle-to-gate hotspots of the new InnoRenew CoE building in Izola, Slovenia?

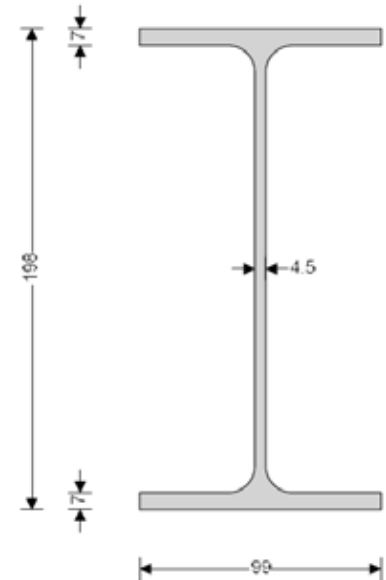
Example 3: Environmental comparison of building materials



Wood



Reinforced concrete



Steel

Adapted from Lu & al, 2017



Example 3: Goal

- Compare the life cycle environmental impacts of wood to concrete and steel in buildings.



Example 3: Method and data

- Data: Slovenian data where available, elsewhere generic data from Ecolnvent
- Method: ISO 14040/44 LCA and EN 15804(2013)



Example 3: Results

- Only preliminary results for now
 - The functional unit is essential
- In general, I would say it depends on
 - Life cycles taken into account
 - End of life scenario
 - Timing of emissions (LCA usually do not take time into account)
 - Which impact categories you look at



Research question



Research question

- Under which circumstances is wood/concrete/steel environmentally preferable over steel/wood/concrete?
- Where are the environmental hotspots of wood/concrete/steel compared to steel/wood/concrete?



Summary and outlook



- Other standards, methods and rules for LCA
 - Product Category Rules (ISO 14025/EN 15804)
 - Increases data availability for doing LCA of built environment
 - Communication tool
 - EU Environmental Footprint (EF) (ILCD & PEFCR/OEFSR)
 - To increase comparability between different studies
 - Communication tool
 - Database rules, like ILCD or EcoInvent
 - To ensure data conformity



Current interest for LCA in research on building products

- How to simplify/automate and speed up the life cycle assessments of buildings?
- How to make tools available in the design process?
- How to make life cycle data available?

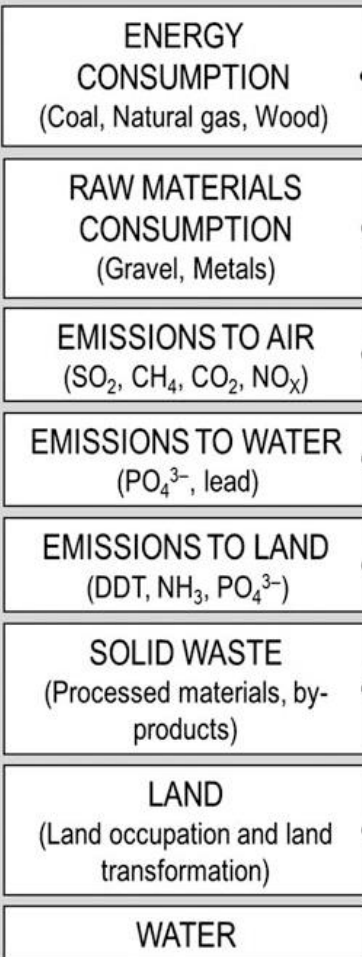


Current interest for LCA in research on wood products

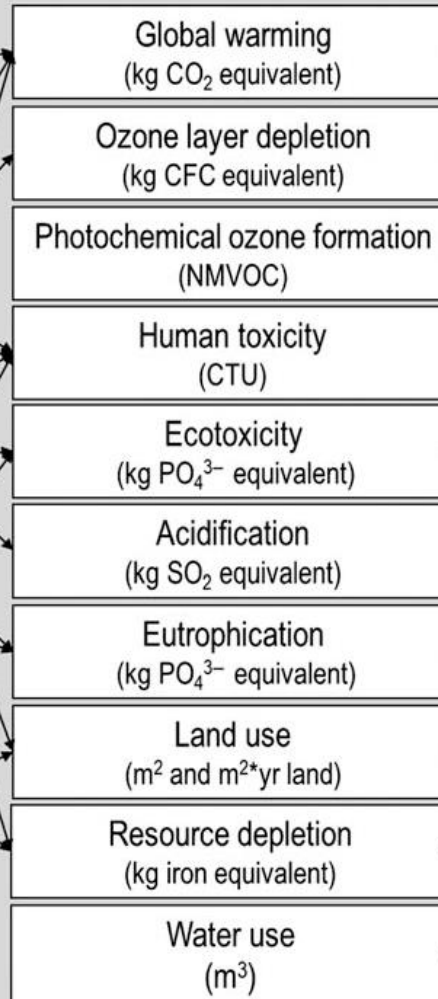
- Environmental impacts of new (treatment) techniques applied on or by applying wood
 - e.g. thermally modified wood
- Environmental impacts on construction parts of wood or whole buildings
- Environmental assessment of wood products compared to other material with same or similar function

Impact assessment methods

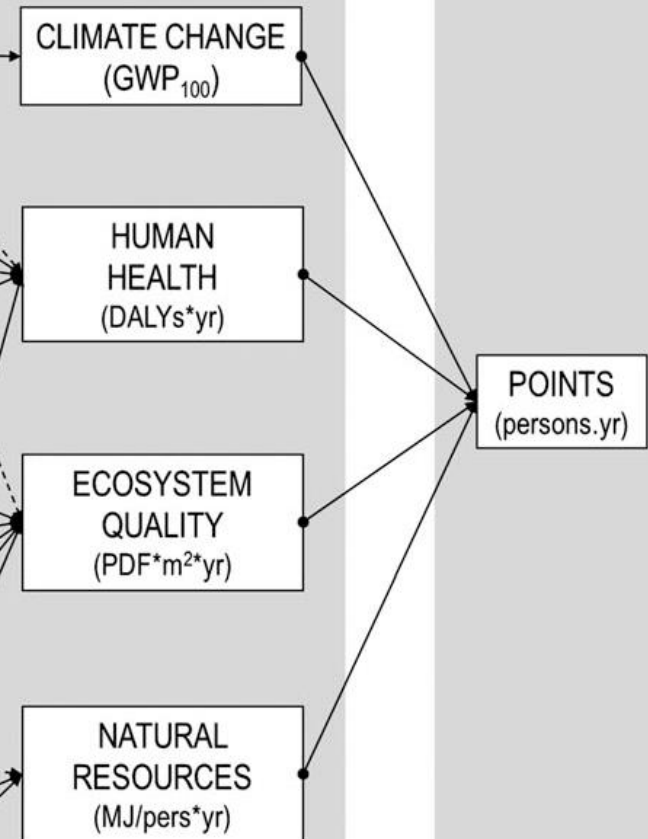
LIFE CYCLE INVENTORY



MIDPOINTS (IMPACT CATEGORIES)



ENDPOINTS (DAMAGE CATEGORIES)



SINGLE INDEX (SCORE)



Extract from Souza, Teixeira & Ostermann; *Assessing biodiversity loss due to land use with life cycle assessment*, Glob.Chang.Biol., 21 (2015) CC BY-NC

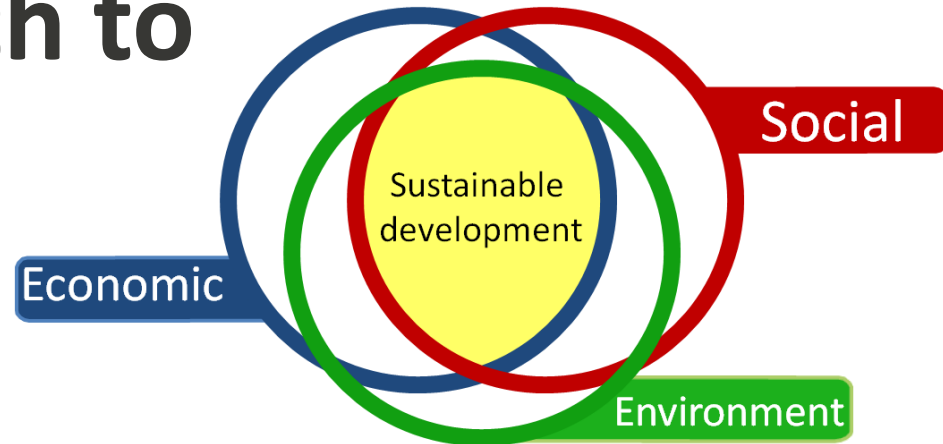


Current research interest in LCA related to wood

- Impact from tree or forest growth on the climate (usually climate neutrality is used, but not necessarily true)
- Impacts on biotic resources and biodiversity
- Developing more specific product category rules (ISO14025/CEN 350/EU Env Footprint) for various wood products

Life cycle approach to sustainability

- Includes
 - Social (S-LCA) and
 - Economic (life cycle costing – LCC)
- In addition to environmental LCA



Based on (Schau et al, 2011)



Thank you for your attention. I am at your disposal for any question.



Acknowledgments: The author gratefully acknowledge the European Commission for funding the InnoRenew project (Grant Agreement #739574) under the H2020 Widespread-Teaming programme, and the Republic of Slovenia (investment funding from the Republic of Slovenia and the European Union's European Regional Development Fund).



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